## DESIGN AND DEVELOPMENT OF A MODEL FOR DIAGNOSIS OF DIABETES MELLITUS

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By

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# Declaration

I, Ovass Shafi Zargar, hereby declare that the presented work in the thesis entitled "DESIGN AND DEVELOPMENT OF A MODEL FOR DIAGNOSIS OF DIABETES MELLITUS" in fulfilment of degree of Doctor of Philosophy (Ph.D.) is outcome of research work carried out by me under the supervision of Dr. Avinash Bhagat working as Associate Professor, in the Department of Computer Applications of Lovely Professional University, Punjab, India. In keeping with general practice of reporting scientific observations, due acknowledgements have been made whenever work described here has been based on findings of other investigator. This work has not been submitted in part or full to any other University or Institute for the award of any degree.



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## Certificate

This is to certify that the work reported in the PhD thesis entitled "DESIGN AND DEVELOPMENT OF A MODEL FOR DIAGNOSIS OF DIABETES MELLITUS" submitted in fulfilment of the requirement for the award of the degree of Doctor of Philosophy (PhD) in the Department of Computer Applications, is a research work carried out by Ovass Shafi Zargar, Registration No.) 41800776, is a bonafide record of his/her original work carried out under my supervision and that no part of the thesis has been submitted for any other degree, diploma or equivalent course.



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## Abstract

The work aims to address the critical need for an accurate and timely diagnosis of diabetes mellitus. The research focuses on developing a robust model that can effectively predict diabetes based on relevant medical information. The study utilizes a comprehensive approach, encompassing preprocessing and the implementation of suitable ML techniques, including deep learning techniques.

The study explores the advantages and limitations of existing diagnostic methods and proposes innovative solutions for enhancing the accuracy and efficacy of diabetes prediction. The goal of the study is to advance medical technology and provide valuable viewpoints about the development of effective and accessible tools for early diabetes detection, leading to better disease management and improved patient outcomes.

Diabetes mellitus, a worldwide health emergency, requires early identification to effectively manage the condition and prevent complications. The study investigates how AI is used in the prediction of DM. The research discusses the difficulties in obtaining an early diagnosis, such as vague symptoms, slow development, and restricted access to care. To tackle these issues, the research investigates several data mining methods and how well they predict diabetes, with particular attention on ANN, KNN, and SVM.

The research also focuses on how crucial feature selection and missing value management are to the correctness of the model throughout the data preparation stage. The findings demonstrate the improved capabilities of deep learning models, especially when processing intricate data patterns. The study provides a DNN-based model that uses missing value imputation and feature significance analysis approaches to improve model robustness. The research evaluates the suggested model using the PIMA Indians Diabetes Dataset and contrasts it with conventional machine learning techniques. The results demonstrate that the DNN model performs better than alternative techniques. The findings show how deep learning may improve public health outcomes and have potential for early diabetes prediction.

Deep learning is a highly useful technique for diabetes mellitus early diagnosis. However, using a numerical medical dataset, such as the PIMA Indians Diabetes Database, presents challenges for conventional convolutional neural network (CNN) models. Overcoming this barrier requires a method for converting numerical data into visual representations based on feature significance. Using robust CNN models for early diabetes diagnosis is made possible by this conversion.

The work showcases a new method that facilitates the use of intricate and deep structures for numerical data processing. The PIMA dataset, which has a small amount of data records and is unsuitable for deep learning model training, was used for the majority of the research. The PIMA dataset does not allow for the use of data augmentation and comprises binary data in numerical form. Convolutional Neural Network (CNN) models' capacity to adjust to numerical inputs makes this possible. Moreover, the incorporation of data augmentation methods is simplified when working with photos linked to diabetes. This makes it possible to build a more reliable training dataset, which might result in DM diagnostic models that are more precise and broadly applicable.

Improvements may be made to diabetes prediction algorithms' accuracy and effectiveness by transforming numerical patient data (blood glucose levels, BMI, etc.) into image data and using Deep Networks which is a core objective of this study. Researchers may take advantage of sophisticated image processing and deep learning techniques by integrating image datasets into diabetes prediction models to determine possible biomarkers and by examining image characteristics, find novel visual biomarkers connected to diabetes and achieve results in more complete and precise diabetes prediction models, which will enhance patient outcomes and healthcare administration.

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# Abbreviations

ACC	ACCuracy
ADA	AdaBoosted Decision Trees
AdaBoost	Adaptive Boosting
AdR	AdaBoostRegressor
AE	AutoEncoder
AI	Artificial Intelligence
ANN	Artificial Neural Network
AUC	Area Under the (ROC) Curve
BDT	Boosted Decision Tree
BILSTM	Bidirectional Long Short-Term Memory
BN	Bayesian Network
BNN	Bayesian Neural Network
BP	BackPropagation
BRNN	Bidirectional Recurrent Neural Network
CART	Classification And Regression Tree
CC	Cloud Computing
CDBN	Convolutional Deep Belief Networks
CLSTM	Convolutional Long Short-Term Memory
CM	Confusion Matrix
CNN	Convolutional Neural Network
ConvNet	Convolutional Neural Network
CTCPN	Convolution Trained Compositional Pattern Neural
DBM	Deep Boltzmann Machine

DL	Deep Learning
DM	Diabetes Mellitus
DNN	Deep Neural Network
DT	Decision Tree
F1 Score	Harmonic Precision-Recall Mean
$\mathbf{FC}$	Fully-Connected
FC-CNN	Fully Convolutional Convolutional Neural Network
FC-LSTM	Fully Connected Long Short-Term Memory
FCN	Fully Convolutional Network
FN	False Negative
FNN	Feedforward Neural Network
FNR	False Negative Rate
FONN	Firefly Optimized Neural Network
FP	False Positive
FPR	False Positive Rate
GD	Gradient Descent
k-NN	k-Nearest Neighbour
LDA	Linear Discriminant Analysis
LightGBM	Light Gradient-Boosting Machine
LSTM	Long Short-Term Memory
LVQOAC	Learning Vector Quantization Optimized with Ant Colony
MAE	Mean Absolute Error
ML	Machine Learning
MLP	Multi-Layer Perceptron
MODLNN	Memetic Optimized Deep Learning Neural Network
MSE	Mean Squared Error
NB	Naive Bayes
NLP	Natural Language Processing
NN	Neural Network
PReLU	Parametric Rectified Linear Unit-Yor Topic Modelling
RBFN	Radial Basis Function Network
RBM	Restricted Boltzmann Machine

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ReLU	Rectified Linear Unit
REPTree	Reduced Error Pruning Tree
$\mathbf{RF}$	Random Forest
RL	Reinforcement Learning
RMSE	Root MSE
RNN	Recurrent Neural Network
RNNLM	Recurrent Neural Network Language Model (RNNLM)
ROC	Received Operating Characteristic
Sen	Sensitivity
SGD	Stochastic Gradient Descent
Spec	Specificity
SVM	Support Vector Machine
SVR	Support Vector Regression
TLSTM	Traditional Long Short-Term Memory
TN	True Negative
TNR	True Negative Rate
TP	True Positive
TPR	True Positive Rate
XGBoost	eXtreme Gradient Boosting

Dedicated to Irhaa and Ehaab...

## Chapter 1

# Outline of the Study

#### **1.1** Introduction

Among the prevalent, fatal illnesses that have afflicted people worldwide from centuries is Diabetes mellitus, that is indicated by a rise in blood sugar. For human body to work properly, glucose tends to be the most important form of energy but in order to enter into the human cell it needs a hormone produced by pancreas known as insulin. When an individual has the condition diabetes, either the pancreas is not able to release the necessary quantity of insulin or the cells stop responding to the amount of insulin generated. Another form of diabetes is called gestational diabetes, which exclusively affects women who are pregnant and typically goes away on its own after delivery. Numerous symptoms, including increased appetite and thirst, frequent urination, blurred vision, exhaustion, delayed wound healing, and recurring infections, are linked to diabetes. Diabetes can have a number of major side effects, including heart disease, if it is not properly and promptly treated. The best way to treat diabetes involves changes in the lifestyle and a healthy diet chart, engaging in daily physical activities, exercises along with the medication necessary to control the diabetes like insulin injections, hypoglycemic agents and other medicines required to control the blood sugar levels. Keeping the diabetes under control is one of the important tasks and can be done by continuous monitoring and adjustment of treatment so that the blood sugar levels will be within a healthy range.

#### **1.2** Problem Statement

Among the many chronic illnesses, Diabetes Mellitus pertains to the conditions that is very critical, characterized by higher blood glucose levels. The diabetes can have serious health issues if left untreated. In medical world, in spite of immense technological advancements, timely and accurate diagnosis of diabetes is still a huge challenge. There are number of traditional techniques used to diagnose diabetes but these techniques are either intrusive in nature or lack precision leading to a considerable delay in timely treatment. It is need of an hour to develop an effective and trustworthy technique for early diagnosis of diabetes. A model that might aid with diabetes early detection can utilize developments in medical science, data analytics and artificial intelligence to facilitate early diagnosis of the disease so that customized management approach can be followed for timely control of the disease. The model should consider patient related parameters like demographic data, clinical history, biomarkers and other lifestyle factors.

#### 1.2.1 Research Significance and Motivation

A research study indicated that by 2030 Diabetes Mellitus is projected to affect 537 million persons worldwide irrespective of their age and gender [1]. which is believed to increase to 643,000000. For medical science researchers around the world, Diabetes mellitus is one of the substantial health issues [2]. To effectively manage the disease, a prompt and accurate diagnosis of diabetes is important as the timely action can reduce complications and improve the recovery options of patients [3]. The present techniques used for early diagnosis of diabetes lack accuracy, usability, scalability and reliability underscoring the pressing need for novel alternatives [4]. Creating a model for the early diagnosis of this disease is extremely important in several ways:

- 1. Enhanced Patient Care: The capability of early identification of persons who are at risk of diabetes mellitus may completely transform patient care [5]. The threat of diseases like cardiovascular problems, neuropathy and retinopathy can be decreased significantly by early detection of diabetes as it makes timely interventions easier to implement like pharmaceutical interventions, lifestyle adjustments and patient education [6].
- 2. Healthcare Efficiency: The methodology proposed can help to improve healthcare by expediting the diagnostic process and enabling risk classification. The patients with high risk can be given more priority for further assessment and treatment.

Medical practitioners can optimize the delivery of healthcare facilities and reduce costs related to undiagnosed or poorly controlled diabetes [7].

- 3. Personalized Medicine: The Model's capability to incorporate variety of patient related variables can make customized risk assessment and management a reality [8]. The doctors can adapt treatment program to each patients personal needs by considering their lifestyle factors, clinical history and personal variances in genetic predisposition, thereby, optimizing therapeutic efficacy and better treatment adherence.
- 4. Research Advancement: With the development of model for early diagnosis of diabetes, the medical practitioners can understand the disease scientifically and computationally and its direct clinical implications [9]. By utilizing cutting-edge techniques in bioinformatics, data analytics and ML, this research advances the comprehension of the intricate interactions of genetic, environmental and lifestyle factors in the pathogenesis of disease[10].
- 5. Impact on Public Health: Diabetes Mellitus has resulted in tremendous pressure on healthcare system due to its significant socioeconomic cost [1]. The proposed paradigm will provide the opportunity to minimize this burden by helping early diagnosis and efficient management of the disease which could ultimately lower healthcare expenses and will boost productivity and improve overall population health [11].

The importance of addressing the drawbacks of current diagnostic techniques and utilizing strategies that are data-driven to counteract the diabetes pandemic is the primary goal pertaining to this work. With the design of novel and robust model for early diagnosis of diabetes mellitus, the research aims to significantly impact the public health conditions, research and healthcare practice related to DM.

### **1.3** Research Objectives

The thesis looks at the function of AI, ML, and DL techniques and how they might be used to diagnose DM early. The different issues that arise during the development of model for early diagnosis of diabetes and how those issues can be handled using Deep Learning are the focus areas of the study. The goals are defined as follows:

1. To review various existing models for the diagnosis of diabetes.

- 2. To perform preprocessing, feature extraction, and feature selection.
- 3. To prepare a model for diabetes diagnosis using data mining and deep learning.
- 4. To test and validate the proposed model with the existing models/model.

### 1.4 Research Gap

- 1. Many researchers use the PIMA dataset without any pre-processing technique like normalization. As a result, the results suffer from outliers, overfitting, underfitting and other anomalies [12].
- 2. There have been studies that used limited machine learning algorithms to diagnose diabetes and do not handle the missing values [13].
- 3. In other studies, some authors have inhibited the application of feature extraction fully [14].
- 4. Some studies do not consider the importance of all the attributes of the dataset [15]. Features such as height and BMI etc and how they affect the prediction of DM have not been considered, which affects the performance of the classifier [16].
- 5. Almost all research on Diabetes Prediction has been done on PIMA dataset in textual form which makes it unsuitable for Deep Learning as there are only 768 instances that are not sufficient to train deep neural network models [17].

#### 1.5 Research Contribution

- 1. Algorithm Comparison: Using the raw PIMA dataset, the study methodically develops and assesses several conventional machine learning (ML) models. This enables comparison with previous studies and offers a standard by which to measure the efficacy of various ML algorithms for DM diagnosis.
- 2. Effect of Pre-processing and Feature Engineering: The study examines how several pre-processing methods (normalization, standardization, MVI, feature selection, and feature importance) affect these ML models' performance. This emphasizes how crucial data preparation is to improving diagnostic results.

- 3. New Image-Based Method Using Deep Learning: Converting the conventional textual PIMA dataset into an image dataset is a significant achievement in terms of applying DNN-based models for better results. To create a bigger dataset, this innovative method subsequently applies data augmentation techniques, utilizing the capabilities of deep learning (DL).
- 4. Promising Outcomes with the Image-Based DL Model: In comparison to the findings of other researchers and previous studies, the study examines a trained model on this dataset and the possibility of transforming tabular medical data into an image format in order to enhance the performance of deep learning models.
- 5. Stressing the Benefits of Deep Learning: The study specifically highlights the benefits of deep learning over conventional machine learning models, especially when it comes to managing huge datasets and revealing intricate hidden patterns. This supports the investigation of DL methods for diagnosing DM.

The study finds that Random Forests, Gradient Boost, and Logistic Regression work well with conventional ML and recommends that these methods be taken into account for further research. It also highlights the importance of a bigger image-dataset for deep learning-based methods. The work essentially makes a contribution by assessing conventional machine learning techniques as well as developing a new image-based deep learning methodology for DM diagnosis, showcasing its potential for increased accuracy.

### **1.6** Thesis Organization

Chapter two discusses in detail the background associated with the Diabetes Mellitus and the role of Deep Learning in controlling the chronic diseases like Diabetes Mellitus. Chapter two provides an extensive literature review of uses of the AI, ML and DL techniques in controlling DM and application of various pre-processing techniques for building more reliable and accurate models for timely diagnosis of diabetes mellitus Chapter three provides a comparative analysis of application of various pre-processing algorithms such as feature selection, imputation of missing values, and feature importance and shows how the performance of model enhances by using pre-processing techniques. It also focuses on the complexities that are associated with design and creation of a model for prediction of DM and the techniques applicable to handle those complexities. The analysis of these methods is also given in this chapter. Chapter four gives a novel approach for converting text based PIMA dataset with small number of records into Image dataset and application of methods for augmenting data to increase the size of a dataset so that the model can be trained with more data for better prediction and classification. It provides the application of DLL based model on PIMA Image dataset to acheive promising results. Finally, Chapter five provides concluding remarks and future work.

## Chapter 2

# Background and Literature Survey

#### 2.1 Introduction

Diabetes Mellitus, which is characterized by a rise in blood sugar levels, is the frequent fatal condition that has afflicted population all over the world [18]. Glucose is a vital energy source for the human body to function correctly but in order to enter into the human cell it needs a hormone produced by pancreas known as insulin. When someone has diabetes, their body's cells either stop responding to insulin generated by the pancreas (Type 1 diabetes) or stop responding to insulin altogether (Type 2 diabetes). Gestational diabetes is another form of the disease that only affects women who are pregnant and typically goes away on its own after birth [19]. Diabetes can cause a variety of symptoms, including increased appetite and thirst, frequent urination, blurred vision, exhaustion, delayed wound healing, and recurring infections. Along with drugs like insulin injections, or al hypoglycemic agents, or other treatments to control blood sugar levels, major measures in the treatment of diabetes include making lifestyle changes including eating a nutritious diet and exercising every day [20]. To keep blood sugar levels within a safe range, diabetes management necessitates continuous monitoring and therapy adjustments as needed [21]. Three major categories can be used to describe diabetes:

1. Type 1 Diabetes: This disease is caused due to disorder in autoimmune system of human body where autoimmune system damages the insulin secreting cells and results in a rise in blood sugar. Insulin pumps and injections are used to treat the condition [22]. Just around 10% of all cases of diabetes pertain to this kind [23].

- 2. Type 2 Diabetes: This diabetes forms more than 90% of total diabetes cases and is mostly caused by poor life style of people like obesity, poor diet, low exercise and inactive behavior. This type of diabetes is treated with oral medication and in some chronic cases, insulin injections are used in this type of diabetes [24].
- 3. Gestational Diabetes: Mostly found only in females during the onset of pregnancy period [25]. The body sometimes develops insulin resistance due to hormonal changes during pregnancy that leads to gestational diabetes. People suffering from gestational diabetes may later develop Type 2 diabetes [26].

Some of the common symptoms associated with diabetes mellitus are [24]:

- a. Recurrent Urination
- b. Enhanced Thirst
- c. Unexpected Weight Reduction
- d. Abnormal Hunger
- e. Weariness
- f. Blurry Vision
- g. Slow Healing

### 2.2 Importance of Early Diagnosis

Diabetes if left untreated for long duration can result in serious problems, including cardiovascular ailments, kidney breakdown, neuropathy, retinopathy, and amputation. The well-known proverb "A stitch in time saves nine" is applicable in early detection of all diseases. Timely cure of diabetes is of utmost importance due to various reasons like:

- 1. Early Intervention and Management: Early detection of diabetes may help in welltimed intervention and control of the disease for example changing the life style by proper diet control, exercise and proper medical treatment so that the onset of disease can be completely eliminated or delayed [27].
- 2. Quality of Life: Timely management of diabetes can help in improving the quality of common man's life by maintaining blood sugar level and avoiding various

complications like kidney failure, cardiovascular problems, hypertension and many more [28].

- 3. Cost Savings: If the diabetes is left undiagnosed and untreated for along time, it may result in multiple diseases that may not only be difficult to control but also much costly [17]. The timely management of diabetes can eliminate such costs and help individuals in leading healthy life without costly medicines and medical procedures [29].
- 4. Education and Empowerment: By early diagnosis of diabetes, patients can get more knowledge about the disease, its management and necessary lifestyle changes required for controlling the disease [30].
- 5. Reduced Mortality Risk: When the disease will be detected at early stage before the onset of complications associated with the disease, proper precautions shall be taken to keep the disease under control which ultimately may result in improvement of healthcare conditions of people and automatically reduces the mortality rate [31].
- 6. Research and Development: The early detection of disease opens new opportunities for researchers to analyse the progression of the disease, possibilities of its prediction before the onset of the disease using artificial intelligence and better cure of the disease so that there will be improvement in the quality of life of common people [32].

#### 2.2.1 Current Diagnostic Methods

In order to diagnose the diabetes mellitus some of the traditional used are:

- 1. Fasting test: With this test, the patient's blood sugar levels are measured, after remaining on fast for at least 8 hours. If a level of 126mg/dL or higher is achieved then the patient is suffering from diabetes.
- 2. HbA1c test: In this examination, the patient's average blood glucose level is recorded with a reading of 6.5 or more, denoting diabetes.
- 3. Oral test: A patient is made to drink a water mixed with high concentration of glucose and then level of blood sugar level is recorded after 2 hours. This test involves taking a sugary drink and two hours later, taking a blood glucose reading. 200 mg/dL acts as a threshold which indicates the presence of diabetes.

4. Random blood sugar test: The glucose level is recorded at any time of day with or without fasting. When combined with diabetic symptoms, a result of 200 mg/dL or above suggests the presence of diabetes.

#### 2.2.2 Challenges and Limitations

Early diagnosis of diabetes mellitus is key to improvement of health conditions of common people and timely treatment and prevention of complications. However, there are number of challenges and limitations faced in early detection of diabetes:

- 1. Non-Specific Symptoms: Common symptoms of diabetes like frequent urination, fatigue, thirst are not specifically associated with diabetes but attributed to other health factors which results in delays in diagnosis and medical attention of the disease [33] [34].
- 2. Silent Progression: In most of the cases, diabetes progresses silently without any visible symptoms during the early stages and becomes challenging for medical practitioners to detect disease before onset [35] [36].
- 3. Lack of Awareness: Common man is usually unaware about common risk factors of diabetes and is not aware about importance of early diagnosis that may result in missed opportunities for early diagnosis of diabetes [37].
- 4. Limited access to Health Care: People living in remote areas and belonging to disadvantaged sections do not have proper access to health care which hinders early diagnosis of diabetes [38].
- 5. False Positives and False Negatives: Tests done for diagnosis can show false negative and false positive results [39], missing actual cases and false identification of diabetes not actually positive. Equally measuring sensitivity and specificity is very important but challenging [40].

### 2.3 Advancements in ML and DL

AI is a rapidly developing field that is crucial to the early identification of many diseases and the advancement of medical facilities. Diabetes, if left unchecked, can result in life-threatening health issues [29] [41]. The development of AI, particularly machine learning and deep learning, has created new avenues for identification and prediction of DM. A few examples of how ML and DL have aided in the early diagnosis of diabetes include:

- 1. Image Analysis: Deep Learning has shown promising results in diagnosing medical images and collecting useful information from the images and using that information for early diagnosis of various diseases [24].
- 2. Blood Glucose Prediction: ML and DL can be used to read the clinical databases or data obtained from wearable devices as well as to mine the data for undiscovered patterns to predict the parameters for early diagnosis of diabetes so that the patients can be assisted in managing blood sugar levels [28].
- 3. Data Fusion: Data collected from multiple sources like medical health centers, electronic wearable devices etc., can be fed to deep learning and machine learning algorithms to study physiological characteristics like pulse rate, physical activity, resting patterns etc. [11]. Any kind of poor physical activity can trigger warning signs for diabetes and its associated complication so that the patients can take timely measures to control the diabetes [42].
- 4. Real Time Monitoring: Wearable devices equipped with sensors and ML algorithms can study data on real time basis and generate alarm signs on detection of characteristics associated with DM collected from wearable devices [29].
- 5. Personalized Treatment Plans: Various Deep learning algorithms can analyze the treatment outcomes of patients and suggest improved treatment plan that varies from individual to individual [43].

#### 2.4 Previous Research and Models

DL models have shown good results in recent years for their capability to analyze huge volume of datasets and help in early diagnosis of diabetes mellitus. Various models proposed were applied on multiple datasets but most of the models employ PIMA INDIA dataset and Retina image dataset from early diagnosis of diabetes mellitus [44]. Deep Neural Networks for Diabetic Retinopathy identification, Recurrent Neural Networks for Glucose Level Prediction, and Deep Learning Models for Risk Prediction are a few of the most helpful models created for the early identification of DM. A number of datasets are openly accessible for the diagnosis of DM. However, the applicability of each dataset varies from region to region. Some of the most commonly used datasets for study of DM

prediction using ML and DL are:

- a) Pima India Database.
- b) National Health and Nutrition Examination Survey.
- c) Diabetes data from UCI machine learning repository.
- d) Early diabetes risk prediction dataset.
- e) Diabetes retinopathy Image dataset.
- f) Medical Information Mart for Intensive Care III.
- g) Electronic Health Record.
- h) Real world wearable data.

Among all mentioned datasets the most commonly used dataset for carrying out research on diagnosis of diabetes mellitus is PIMA dataset. This is a Standard and Benchmark dataset that contains comprehensive information required for early diagnosis of diabetes mellitus.

### 2.5 Literature Review

DM is a major health issue affecting a large proportion of people around the world. For effective diabetes control and to avoid complications, an early diagnosis is crucial. During last few years, DL algorithms have been gaining popularity in the area of medical diagnosis, including the early diagnosis and prediction of DM. This survey of the literature seeks to provide a summary of contemporary research using DL algorithms for early prediction DM.

#### 2.5.1 Methodology for Literature Review

PRISMA stands for Preferred Reporting Items for Systematic Reviews and Meta-Analyses which is the compilation of data based on parameters specified in systematic reviews and meta-analyses. PRISMA offers writers a structure to guarantee clear and comprehensive reporting of their meta-analysis or systematic review, thereby, promoting critical evaluation and interpretation of the study's findings. The methodology is given in Figure 2.1.

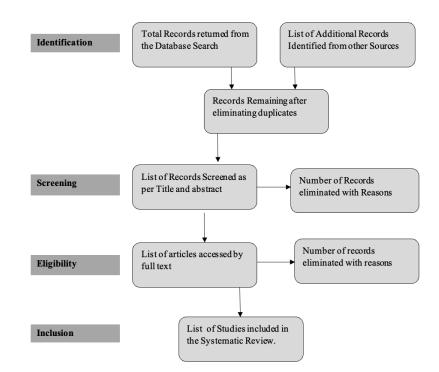


FIGURE 2.1: Methodology for Literature Review

Online resources such as PubMed, ScienceDirect, and Google Scholar were used to do a survey of the literature. The search was confined for papers published in the last five years (2018-2023). The lookup was done based on terms like "deep learning," "machine learning," "artificial intelligence," "diabetes mellitus," "early prediction," and "screening." Several studies have used deep learning algorithms for diagnosis and prediction of DM. The following are some of the significant findings of the studies: In a study by [45], the authors developed an improved model for classification of diabetes mellitus using three novel convolutional neural networks. The authors used a combination of five networks with high performance and the final network was built using CNN and LSTM. The authors conducted an evaluation of the model on 7 experiments of three datasets from Kaggle and reached an accuracy of 93.68%. A study was conducted by the writers in [46] to find the hospital-based prevalence along with the clinical feature of suddenly occurring type 1 diabetes mellitus. They collected almost 76000 records with diabetes. The authors during the study found that Type I DM was prevalent in 1.2%among total persons suffering from diabetes. The sudden diabetes known as Fulminant Type I DM was found in 3.2% people that were recently diagnosed with Type I DM. They further observed that HbA1c levels were found lower in patients that were suffering from FT1DM than the patients with non-FT1DM at diagnosis.

In a comparative study [47], the authors compared various high-end techniques of preprocessing applied in the DL-based classification of diabetes mellitus. The authors further propose an unsupervised deep learning model along with preprocessing techniques for dataset. They use K-Mean clustering along with Graham's method and Z-Score normalization technique and get the accuracy of 90.59% in classification of diabetes mellitus. A study was done by [16] to utilize NN, ML, and DL for prediction of DM. The researchers highlight the shortfalls of existing techniques that make them unrealistic for diabetes mellitus classification. They suggested the use of deep learning combined with preprocessing techniques for better results in early prediction of diabetes mellitus. An investigation including 149 individuals with Type 2 Diabetes was carried out by [12]. The authors applied DT, DNN and ensemble algorithms and designed a model. Several metrics, including accuracy, F1-Score, ROC etc were used to validate the classifier's performance. The result specifies that the ML algorithms show improved performance than DNN. The shortcoming of the study is that dataset the includes only 149 records which is not suitable for training of the predicting model.

A deep unsupervised machine learning model using voting combined feature selection and DBN for early diagnosis of diabetes was proposed by [18]. They used the dataset from Sylhet Diabetes Hospital in Bangladesh. After the application of preprocessed methods, to reduce dimensionality, features were chosen. The classifier was trained and fine-tuned utilizing feature optimization and the findings were evaluated using various criteria. The model gives the precision of 92Researchers created a completely automated deep learning model to research diabetes CT biomarkers for diagnosis in [48]. A total of 8992 patient records were collected and the images of pancreas were segmented using a DL model. The period between the date of the CT scan and the diagnosis of type 2 diabetes was used by the investigators to categorize the patients into groups and perform univariate and multivariable analysis. The authors then determined which characteristics were most useful for type 2 diabetes prediction and trained the mathematical logistic regression model. A review study was done on Diagnosis, Risk factor and management of Gestational Diabetes by [49]. The authors used research studies from Scopus, Elsevier and PubMed and explore the effect of GDM on long term on mother and child along with health disorders that propagate to next generation. The authors explained clinical survey data and existing models for diagnosis of GDM to get an insight into the underlying pathophysiology of the disease.

In a research conducted to examine the significance of laboratory diagnosis and the limitations of conventional approaches in the diagnosis of DM by [50]. The authors studied the effectiveness of Fasting Plasma glucose test, Hemoglobin A1C or HbAlc test, random and oral glucose test for the timely diagnosis of DM. They further suggested comparing the effectiveness of new diagnostic tests like Glycated Albumin against traditional laboratory tests and to find new techniques and tests in future for better diagnosis of the disease. A research study was done by [51] to evaluate the effect of cinnamon in controlling glucose level in blood of patients suffering from Type II diabetes. The authors designed a Quasi experimental pretest post-test control group and carried out the experiment to see the effect of cinnamon on 40 patients suffering from diabetes mellitus. From the study it was found that cinnamon helps people with type 2 DM reduce their blood glucose levels significantly and should be used in helping insulin perform its task of controlling the blood sugar level.

E-Healthcare systems face challenges that can be addressed through the deployment of Internet of Things (IoT) apps using Cloud Computing (CC) approaches. However, some drawbacks to using CC still persist, including response time, transfer rates, energy consumption, and security and privacy concerns. To overcome these obstacles, fog computing (FC) has been proposed as a CC development. A system called DiaFog has been proposed by researchers in [52] for actual and accurate diagnosis of DM disease (DMD) based on fog computing, cloud computing and Internet of Things, along with an ensemble DL (EDL) technique. The PIDD and the HFGDD, which were retrieved from the UCI-ML and Kaggle repositories, respectively, were the two datasets used to train the system related to diabetes mellitus illness. A number of tests have been conducted on the proposed system, including recall, F-measure, accuracy, precision etc. Patient diagnosis of diabetes at a distance was made possible by the integration of IoT, fog, and cloud. The trial findings show how well FC principles work when used and how well they work when used for prompt remote diagnosis of diabetes patients.

A common symptom of diabetes is the presence of a foot ulcer, which, if not detected quickly, can result in major problems and possibly amputation. The authors in [53] focused on the early detection of diabetic foot ulcers to prevent such outcomes. Infrared imaging is a suitable tool for gathering information to diagnose various diseases, including foot ulcers. This non-invasive method is faster than traditional imaging techniques. The study analyzes temperature variations in the feet of over 60 people (61.67% male and 38.33% female) and clearly classifies the risk of foot ulcers. This method is more easily understood than deep learning techniques and simpler to implement. t uses infrared imaging to give a non-invasive method of diagnosing diabetes patients' foot ulcers.

A study regarding use of traditional laboratory tests for diagnosis of diabetes mellitus was carried out by [54]. Correct diagnosis of diabetes and pre-diabetes necessitates the FPG test and A1C test, although the RPG test may be appropriate for some instances.

Recent studies have demonstrated excellent laboratory proficiency in determining fasting, HbA1c, and OGTT glucose levels. Nonetheless, in situations where more precise glycemic status is needed, traditional diagnostic tests can be compared with latest diagnostic tests, including glycated albumin (GA). The authors expect that upcoming laboratory diagnostic techniques will provide tremendous benefits for therapy efficiency and survival. Consequently, there is an important requirement to explore more tests or to substitute the HbA1c and OGTT with more current laboratory diagnostic methods for diabetes mellitus. A research was carried out on how diabetes results in heart health issues and how HRV signals can indicate the presence and severity of diabetes by detecting diabetes-induced cardiac impairments by [55]. Analyzing HRV signals, which are non-stationary and nonlinear, can be extremely difficult, but DL methods, have been shown to effectively extract useful information and identify correlations between diabetes and HRV signal variations quickly and accurately. The Authors also study several DL architectures that can be utilized to analyze HRV signals and detect diabetes. Deep learning methods are currently the most advanced techniques for analyzing HRV signals and detecting subtle changes from normal. Deep learning networks can be scaled up to process huge amounts of data in a scattered manner, and distributed DL algorithms can be used to learn patterns and make correct diagnosis about the future progression of the disease.

In a study by [18], the authors offer an Unsupervised deep learning model using DBN and voting ensemble feature selection for prediction of DM. The dataset, which included replies from pre-diagnosed patients who filled out several questionnaires made at the Bangladeshi Sylhet Diabetes Hospital, was retrieved online. An ensemble feature selector was used to apply the preprocessing and feature reduction to the dataset. After training and making adjustments to reach peak performance, the DBN model was contrasted with a number of alternative models that lacked different hidden layers. With an F1-measure, accuracy, and recall of 1.00, 0.92, and 1.00, respectively, the DBN model performs comparatively well. The study comes to the conclusion that DBN is a useful technique for the unsupervised early detection of Type II DM based on these findings. The researchers in [56] gathered clinical samples from 1000 pregnant women, including 221 cases of GDM. The imputation of missing values was done by utilizing matrix factorization approach. Then RF model was used to identify important clinical attributes to diagnose GDM by assessing the significance of every feature dimension. Ultimately, TF-GDM, a novel transformer-based method, was created that accurately aids in GDM prediction. The outputs demonstrate that the TF-GDM technique works well instead of the conventional ML and DL based approaches, with improved recall, accuracy, and precision rates of 0.92, 0.88, and 0.93, respectively, as well as an F1 Score and an AUC

value of 0.90 and 0.94. The research carried out by [57] collected data for 52,139 in persons suffering with T2DM from year 2008 go 2016. These notes were processed using a transformer architecture-based symptom annotation model called T5-depression, which helped identify depressive symptoms from the patient's present illness. The F1 score and the AUROC were utilized to evaluate the efficacy of the model. They also analyzed the connectivity of depressive symptom networks in T2DM patients, including those with complications. In a research by [58], the authors studied the association between Pancreatic neoplasia and diabetes mellitus and observed to have an association, and this relationship has been the subject of their research. They found that Early detection and screening for pancreatic neoplasia are essential for improving patient outcomes. However, pancreatic neoplasia is challenging to detect since there are no particular symptoms and the screening instruments are non-invasive.

In a research study by [8], the authors focused on a combined deep learning approach that incorporates both LSTM and CNN architectures to categorize DNA sequences for the gene of insulin and forecast the potential for diabetes due to changes in the gene sequence. Several performance indicators, including accuracy, precision etc, were used to evaluate the efficacy of the proposed model. The outcomes of the experiment demonstrate that the suggested model produced the best outcomes. The hybrid LSTM-CNN model demonstrated an accuracy of 99% during the learning phase, whereas the CNN and LSTM models had accuracies of 97.5% and 95% respectively. The authors in [59] studied the preprocessing techniques and their role in the success of ML models, as they worked to improve the input data quality by addressing various problems with data quality, such as noise, missing values, and irrelevant attributes. They proposed a technique that combines missing value imputation and feature selection methods to enhance the employed classifier's performance on a reputable DM dataset.

Based on the study by [60], the Freestyle Libre Pro 2 continuous glucose monitoring device was more acceptable to pregnant women as a tool for diagnostic test for GDM than the OGTT. The study also used a combination of CGM parameters, OGTT results, and GDM risk factors to create a Total Risk Score (TRS) and a CGMSV to triangulate the results. They suggest that CGM devices such as Freestyle Libre Pro 2 could be a more thorough and palatable substitute for OGTT in the diagnosis of GDM. Combining CGM data with additional risk variables and ultrasonography characteristics might increase precision and decrease false positives and negatives.

#### 2.6 Complexities with Design and Development

Based on the literature review, various complexities that are associated with Design and Development of a Model for Diagnosis of Diabetes Mellitus have surfaced as well as the techniques used to handle those complexities. The remaining part of the section focuses on these complexities.

#### 2.6.1 Challenges in Diabetes Diagnosis

In recent times, diabetes, which is among the most prevalent diseases globally, has emerged as a growing danger to human health on a global scale. On the other hand, diabetes is significantly slowed down in its progression when detected early. For the disease to be stopped from spreading, early detection is crucial. The growth can only be stopped by early identification of the disease because diabetes is a lifelong condition that has no known cure [61]. On the other hand, a late diagnosis could lead to cardiac problems and major organ damage. Prediction of diabetes is often aided by the use of both clinical and physical data, such as serum insulin, BMI, age, and plasma glucose levels [11]. This data indicates that a physician makes the disease diagnosis, but diagnosing a patient is a highly challenging and time-consuming procedure for the physician. Furthermore, the doctor's judgments could be biased and incorrect. Due to this, the domains of data mining and ML are commonly used as a DSS for the quick and precise identification of illnesses based on data [62].

#### 2.6.2 Diagnosis using Artificial Intelligence

Algorithms that let computers complete human tasks more quickly and automatically have recently arose from the development of computer technologies. Artificial intelligence techniques like ML and DL have demonstrated impressive results in analyzing current data [63]. Artificial intelligence-based techniques are particularly useful in the medical industry for the quick and effective diagnosis and treatment of a wide range of illnesses. Cancer , diabetes, COVID-19, heart illnesses, brain tumors, Alzheimer's , and other diagnostic investigations are a few examples of these. The medical industry can benefit greatly from artificial intelligence. Big data in medicine has lately become common place in hospitals due to artificial intelligence's greater performance in research projects. Given that every patient is a unique data point, a significant amount of numerical data, including ECG, EMG and a multitude of other data, including computed tomography (CT), MRIs, and X-rays, can be generated following the review of medical data [64]. In this sense, a sizable amount of big data is composed of these medical records.

Big data based on AI is typically interpreted (by regression, classification, or clustering) using ML techniques. These algorithms enable the identification of the interrelationship between them using observations of data and samples. AANN, SVM, k-NN, DT, and NB are some of the ML techniques that are commonly utilized in this field. The association between the independent and target data is directly learned by these methods [65]. But during the past ten years, advances in computer processing power and artificial intelligence have deepened ANN, leading to the rise of DL—which combines feature extraction and categorization [66]. DL has provided a leading edge over ML algorithms, especially in big data applications. Convolutional neural networks (CNNs) are the most often utilized model in DL-based clinical diagnosis and detection applications [25]. Because of its deep architecture and advanced feature representation, CNN models are highly used. Since CNN was built with an end-to-end architecture, classes are produced as output and raw data are provided as input. Consequently, the CNN model's performance is significantly impacted by the architecture's design [48]. But recently, researchers have started using famous CNN designs like ResNet, GoogleNet, Inception, Xception, VGGNet, and others, together with transfer learning applications. In many data-driven research projects, there are benefits to using pre-trained or pre-designed CNN architectures directly, including ease of use and improved performance [8].

#### 2.6.3 Deep Learning and Numerical Dataset

The dataset is the primary determinant of the model's performance. If the dataset is adequately large to train the model, the model will make more accurate and unbiased classification [41]. However, if he size of the dataset is small, it may result in development of a model which will make unreliable classification. From the literature survey it was found that most of the research done for early diagnosis of DM was carried out by ML or DLalgorithms using PIMA dataset [67]. The dataset is suitable for machine learning model training due to its small size. The PIMA dataset is tiny, and this issue has to be fixed in order to take advantage of deep learning's advantages for managing a chronic illness like diabetes mellitus [22]. Besides most of the commonly used deep Neural Networks works on images, this also makes application of Numeric dataset like PIMA unsuitable for designing a DNN model for early diagnosis and detection of diabetes. Numerous medical data in the clinical sector are made up of numerical values, just like

the PIMA dataset. It is more typical to use numerical values directly using "conventional machine learning techniques", which is evident in studies associated with ML models like "SVM, NB, RF, DT" [9] [68] [69] [70]. The PIMA characteristics are fed to the fully linked layers or the 1D convolution layer in studies that generate deep learning models using the same data. "Recurrent neural network (RNN)-based long short-term memory (LSTM)" was utlized in some studies to handle the PIMA dataset, which contained 1D data [71]. However, the PIMA dataset has independent data, whereas LSTM was created for sequential data.

Deep learning, which has gained popularity recently, provides number of advantages over conventional machine learning algorithms with the elevated level of features They provide deep "CNN models" in particular, which have demonstrated superior efficiency. However, up until now, researchers have created 1D CNN models based on the numerical values from the PIMA dataset. Given that widely used CNN models require only twodimensional data to be entered into the input layer. Applications for transfer learning use these models [72].

Consequently, using the PIMA dataset comprising autonomous numerical data, feature extraction by widely used CNN models and a diabetes prediction that makes use of these models are still in development. Therefore, in order to provide diagnoses that are more accurate, the raw data may be transformed in accordance with commonly used CNN models [72].

# 2.7 Comparative Analysis

Increased quantities of glucose cause a metabolic disorder called diabetes mellitus (DM). If ignored, DM can cause a number of diseases related to the heart, liver, and brain. The global high mortality rate caused by DM has caused havoc worldwide. However, with the increasing use of ML and DL algorithms in making predictions in eCommerce and better business decisions, there is a ray of hope for using these techniques in medical science to assist in the timely prediction of various diseases. Today, with a vast volume of medical data available, there is a possibility to apply ML techniques to these datasets and find useful patterns and hidden information that can later be used to predict diseases much earlier before their onset.

In machine learning, classification involves building a model that identifies and categorizes a dataset into distinct classes, while clustering is a process that examines data objects without utilizing class labels, grouping samples into new classes by maximizing the similarity between them. Association Rule Learning (ARL) is another approach that mines frequent patterns from data.

In 2018, around 11% of the United States population was affected by diabetes, with 1/5 of those cases being undiagnosed. Unfortunately, many individuals are unaware of their susceptibility to diabetes until the disease has progressed significantly. Therefore, early detection of diabetes is essential to avoid severe problems. While diabetes cannot be cured completely, early detection can aid in reversing some of its effects and help patients achieve remission by maintaining normal blood sugar levels without long-term medication. ML and DL may have a significant impact in early detection. The medical industry generates vast amounts of data from hospitals, nursing homes, clinical health centres, and polyclinics, making it challenging to process manually. Employing various DL algorithms can extract hidden relations and information from the datasets and forecast the onset of diabetes before the disease progresses. This proactive approach enables necessary measures to be taken to prevent multiple health-related problems in patients and help them lead healthy and fulfilling life. However, the raw dataset may contain multiple anomalies, such as missing values, redundant information, null values for some attributes, and erroneous values, making it challenging to apply DL algorithms to it. Therefore, the dataset must be processed and converted into a usable form that aids informed decision-making.

#### 2.7.0.1 Machine and Deep Learning

With technological advancements, the lifestyle of modern individuals has become increasingly comfortable, leading to a reduction in physical activity and a rise in various health issues, including diabetes mellitus (DM), which has become a significant problem in the last two decades. The diagnosis and efficient treatment are challenging due to its complex mechanisms and related symptoms. AI is everywhere, especially in healthcare, including the use of ML and DL to process large datasets generated by medical industries such as hospitals, nursing homes, and clinical laboratories. ML and DL algorithms can extract hidden patterns and information from these datasets, which are too large to be processed manually. By applying ML algorithms to diabetes datasets, researchers can predict the onset of diabetes and potentially enhance the health outcomes of the world population. The number of the most relatable paper on the PIMA dataset using ML and DL techniques is given in Figure 2.2, these include the papers containing topics involving machine learning based methods for the diagnosis of Diabetes Mellitus and Figure 2.3 encompassing the publications containing papers with studies on deep learning-based methods for the diagnosis of Diabetes Mellitus

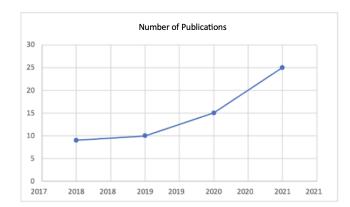


FIGURE 2.2: ML Based Publications, ML tehniques for Diabetes Diagnosis

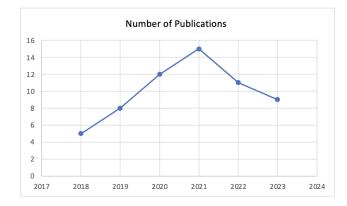


FIGURE 2.3: DL Based Publications, DL tehniques for Diabetes Diagnosis

Table 2.1 and Table 2.2 summarize some of the ML and DL-based research and comparative analysis conducted in this field, respectively.

Ref.	Year	Method	l		Dataset	Best	Perfor-	Result of Best
						mance	Method	Performance
								Method
[73]	2021	Various	ML	Tech-	Local	SVM		Accuracy: 98%
		niques			Dataset			
[44]	2021	Various	ML	Tech-	PIMA	KNN,	Logistic	Accuracy: $80\%$
		niques				Regressi	ion	

TABLE 2.1: Comparative Analysis ML-based Techniques

Ref.	Year	Method	Dataset	Best Perfor-	Result of Best
				mance Method	Performance
					$\mathbf{Method}$
		LR, ANN, DT, NB			
		DNN BayesNet,			
		AdaBoost,			
[74]	2021	Decision Bagging,	PIMA	Proposed Ensem-	Accuracy:
		RF, Proposed		ble Model	79.22%
		Ensemble			
		Model			
[75]	2021	J48, CART and	Local	J48 and CART	Accuracy: $99\%$
		Naive Bayes	Dataset		
		SVM			
		Logistic Red.			
		Logistic Step			
		Elastic Net			
		LGBM: BstLinTree			
		LDA			
		XGB: Tree			
[76]	2021	LGBM: Boost Tree	PIMA	LGBM: Boost	Accuracy:
		XGB: Linear		Tree	93.44%
		C5.0			
		Rand F. Red.			
		LGBM: RF			
		CART			
		Naive Bayes Red.			
		K/TF DenseNN			
[77]	2021	Various ML Tech-	Local	SVM	Accuracy 97.87%
_		niques	Dataset		
[78]	2021	LR, LDA, NB, K-	PIMA	Naive Bayes	Accuracy $95\%$
		NN, CART, SVM			

TABLE 2.1: Comparative Ar	alysis ML-based	Techniques
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Ref.	Year	Method	Dataset	Best Perfor- mance Method	Result of Best Performance Method
		Naive Bayes			
[]		Neural Network			
[79]	2021	AdaBoost	Early-	Random Forest	Accuracy 99.3%
		kNN	stage		
		Random SVM	diabetes		
			risk pre- diction		
			dataset		
		Back propagation	autabet		
[80]	2018	J48	PIMA	Back Propogation	Accuracy 83.11%
		NB, SVM			
[81]	2021	RF, LR, DT, SVM,	PIMA	Ensemble Method	Accuracy 87.09%
		NB, KNN, EM			
[82]	2021	DT	PIMA	Decision Tree	Accuracy:
					71.35%
[83]	2018	DT, KNN, SVM,	PIMA	Random Forest	Accuracy: 90%
		RF, NB, LR		Linear Regression	U U
		RF			
		KNN			
		MLP			
		Ada boost			
[84]	2022	D tree Classifier NB	Local	Stacked ensem-	Accuracy: 98%
		GBC	Dataset	ble combined	
		SVM		with genetic	
		Extra Tree Suggest		algorithms	
		Method (ST-GA)			

Ref.	Year	Method	Dataset	Best Perfor-	Result of Best
				mance Method	Performance
					Method
		Radial Basis Neural			
		Network Function			
		Genetic Algorithm			
		DUNN Index			
		Davies Bouldin Index			
	9091	Silhouette Index		Le mietie De mee	A 2007
[85]	2021	DT	PIMA	Logistic Regres-	Accuracy: 80%
		LR		sion	
		SVM			
		KNN			
		NB			
		GB			
					Accuracy:79.08%
	0001	ID LINN OVA			Precision: $73.13\%$
[86]	2021	LR, KNN, SVM,	PIMA	Soft Voting Clas- sifier	F1 Score: $71.56\%$
		NB, DT, RF, Soft		Siller	Recall: $70\%$
		Voting Classifier,			
		AdaBoost, Bag-			
		ging, GradientBoost,			
		XGBoost, CatBoost ANN			
[87]	2019	Random Forest	PIMA	ANN	Accuracy: 75.8%
	2013	Clustering	1 IMA	AININ	Accuracy. 15.670
		SVM			
[88]	2019	RF	PIMA	RF	Accuracy:
ျပပျ	2013	CNN	1 11/171	1.01	83.67%
		SVM			00.0170
[89]	2019	RF, NB, DT, KNN	PIMA	SVM	Accuracy:
					77.73%

Ref.	Year	Method	Dataset	Best Perfor-	Result of Best
				mance Method	Performance
					Method
					Accuracy: 77%
		J48			Precision: 0.77
[90]	2019	NB	PIMA	Logistic Regres-	Recall:0.77
		RF, LR,		sion	F-Score:0.76
					AUC: 0.83
		ADA BOOST			Accuracy: $96.71\%$
[91]	2021	with RF	Image	Ada Boost with	Precision: 97.55
[0]]	-0-1	ADA BOOST with	Dataset	RF	Sensitivity: 97.95
		Extra Tree	taken		F1-Score: 97.75
			from		
			local		
			Clinic		
		KNN			
		CNN			
[11]	2022	SVM	PIMA	Extreme Learning	Accuracy:
		LR			90.54%
		Extreme Learning			
		NB			Accuracy: $76.3\%$
[92]	2018	SVM	PIMA	Naive Bayes	F-Measure: 0.76
[02]	2010	DT	1 11/11 1	That to Dayob	Precision: 0.759
					Recall:0.763
		LR			
		KNN			Accuracy: 75.0%
[93]	2020	SVM	PIMA	Random Forest	Sensitivity: 0.250
		NB			Specificity:0.789
		DT			Precision:0.661
		RF			

Ref.	Year	Method	Dataset	Best Perfor-	Result of Best
				mance Method	Performance
					Method
					Accuracy $99.35\%$
		RF			SEN 99.01 $\%$
[94]	2020	SVM	Local	$\operatorname{RF}$	${\rm SPE}~100\%$
[]]	2020	AdaBoost	Dataset	111	$\mathrm{FPR}~0\%$
		Gradient Boosting	Dataset		FNR $0.99\%$
					NPV $98.15\%$
		LR			
		KNN			Precision: 0.747
[32]	2021	SVM	PIMA	KNN	Recall: 0.751
[02]	2021	NB			F-Measure: 0.749
		DT			Accuracy: $75.10\%$
		RF			
		KNN			
		LR			
[95]	2020	DT	PIMA	Proposed CNN	Accuracy:
[50]	2020	RF, SVM	1 11/171	i ioposed entr	93.2%
		MLP classifier			
		Proposed CNN			
		Linear Kernel SVM			Accuracy: 89%
		Radial Basis Kernel			Precision: 0.87
[96]	2022	SVM	PIMA	Linear Kernel	Recall: 0.88
	2022	KNN	1 11/17 1	SVM	F1-Score 0.87
		ANN			AUC: 0.90
		MDR			

Ref.	Year	Method	Dataset	Best Perfor- mance Method	Result of Best Performance Method
		RF (cross-validation) NB (cross-validation)			
		KNN			F-measure: 0.983
		(cross-validation $)$			MCC: 0.9654
[97]	2021	J48(cross-validation)	Local	Random forest	AOC RUC: 0.999
		RF (split method)	Dataset	(cross-validation)	PR AUC: 0.999
		NB (split method)			Accuracy: 98.3055%
		KNN (split method)			
		J48 (split metho			
		NB			
[98]	2021	DT	PIMA	decision tree	Accuracy: $85\%$
		SVM			
		SVM			
		Bayes Net			
[99]	2018	DecisionStumb	PIMA	Proposed Method	Accuracy:
		AdaBoostM1		(PM)	90.36%
		Proposed method			
		LR			Accuracy: 86.91%
		RF			Sensitivity: 63.30
[100]	2021	SVM	Pregnant	Random Forest	Specificity: 97.53
		ANN	cohort		AUC: 0.80
		ANN	study in		
			eastern		
			China		
		SVM			
[10]	0001	K-NN		<b>T</b> • .•	Accuracy:77.61%
[101]	2021	DT	PIMA	Logistic regres-	Recall:0.8902
		NB		sion	Precision:0.7979
	000	LR	т ч	DI ONI	
[102]	2021	DLCNN, CTCPN,	Local	DLCNN	Accuracy:
		LVQOAC,	Dataset		98.42%
		MODLNN			

Ref.	Year	Method	Dataset	Best Perfor- mance Method	Result of Best Performance Method
[103]	2020	KNN NB RF SVM DT LR	Wisconsin dataset	Decision Tree and Logistic Regression	Accuracy: 97%
[4]	2021	LR SVM DT RF	HbA1c- labeled and FPG- labelled	SVM	Accuracy: 82.10% Precision: 82.30 Recall: 82.10 F1 Score: 82.05
[104]	2018	SVM	datasets Messidor	SVM	Accuracy: 90.04%
[105]	2018	RT SVM LR MLP	Chronic Kidney Disease Dataset from	Logistic Re- gression and Multilayer Per- ceptron	Accuracy:98.1% F1 score:98.4
		RF	Apollo Hospital		
[106]	2018	LR MLP neural network Ensemble of	PIMA	MLP neural net- work Ensemble of	Accuracy: 77.08%
[107]	2021	ADA Boot XG Boost	PIMA	ADA Boot XG Boost	Accuracy: 95.0%

Ref.	Year	Method	Dataset	Best F mance M	Perfor- ethod	Result of Best Performance Method
[108]	2021	RF DT NB	PIMA	Random Fo	orest	Accuracy: 94.0%
LJ		LR ADA Boost SVM				0
[109]	2019	NB KNN C4.5 DT	Diagnostic dataset from medical Center	C4.5 D Tree	Decision	Accuracy: 74.0%
[110]	2020	KNN SVM RF K-Means Algorithm	PIMA	Random Fe	orest	Accuracy: 74.47% Precision: 80.48 Recall: 79.83 F1-Score: 80.16
[111]	2020	K-Means Algorithm LR SVM KNN RF DT NB	PIMA	SVM		Accuracy: 93%
[112]	2018	NB SVM RF Simple CART SVM	PIMA	SVM		Accuracy: 79.13%
[113]	2018	KNN LR DT RF NB	PIMA	SVM and l	KNN	Accuracy: 77%

Ref.	Year	Method	Dataset	Best Perfor- mance Method	Result of Best Performance Method
[114]	2019	RF	UCI Learning Reposi- tory	Random Forest	Accuracy: 90%
[115]	2019	RF	Clinical Dataset	Random Forest	Accuracy: 95.1%
[116]	2020	Glmnet RF XGBoost LightGBM)	Clinical Dataset	Glmnet	Accuracy: 95%
[117]	2021	Various ML Tech- niques	Diabetes Hospital of Sylhet	RF	Accuracy: 99%
[118]	2020	RF XGBoost	PIMA	XGBoost	Accuracy: 74.10% Precision:0.701 Recall: 0.817
[119]	2019	Linear Discriminant Analysis (LDA)	PIMA	LDA	Specificity: 0.720 F-Score: 0.755 Accuracy: 76.86%
[120]	2021	ANN NB DT SVM	Data collected from android applica- tion and	SVM	Accuracy:81.6% Sensitivity:87.32 Specificity:73.46
			PIMA Dataset		

Ref.	Year	Method	Dataset	Best Perfor-	Result of Best
				mance Method	Performance
					Method
					TP Rate: 0.459
					FP Rate: 0.819
					Precision:0.792
[121]	2021	RBF	PIMA	RBF	Recall:0.860
[121]	2021	NDI'	I IMA	NDI'	F-Measure: 0.825
					MCC:0.459
					Recall: 0.792
					ROC Area: 0.890
					TPR: 77.36
					TNR: 89.11
					FPR: 10.89
					FNR: 22.64
[122]	2021	KNN	PIMA	K-Nearest Neigh-	F1 score: 78.10 $\%$
				bor	Accuracy: $85.06\%$
					Recall:77.36 $\%$
					Precision: 78.85%
					Specificity:89.11 $\%$
					Sensitivity: 99.56
		DT			Positive predictive
[1]	2021		PIMA	Random Forest	value: 93.25
[ <b>1</b> ]	2021	RF	I IMA	Random Forest	Negative predictive
		ΓΓ			value: 89.98
					F-measure: 96.30
[123]	2021	SVM	PIMA	XG Boost	Accuracy:
[120]	2021	XG Boost	1 111/171	AG DUUSI	77.0%

Year	Method	Dataset	Best Perfor-	Result of Best
			mance Method	Performance
				Method
2022	Deep Neural Net-	PIMA	Deep Neural Net-	Accuracy: 80.0
	work		work with missing	(MAX)
			values handling	
	Deep Learning			
	Decision Tree			
2020		PIMA	Deep Learning	Accuracy: 91.07
	U U			
2021	Deep Learning SVM	PIMA	-	Accuracy: 77.474
			work	
	-			
2010			Doop Nouvel Not	A course our 90.25
2019		FIMA	-	Accuracy: 89.35
			WOLK	
	0			
	-			
2021	* 0	PIMA	Deen learning	Accuracy: $93.7\%$
2021		1 110171	Deep learning	Accuracy: $91.6\%$
				Sensitivity: 87%
2022	DNN + 10-fold	PIMA	Deep Neural Net-	Specificity: 91%
-	cross-validation		work	Accuracy: 89%
		2022Deep Neural Network2020Deep Learning Decision Tree2020Artificial Neural Network Naïve Bayes2021Deep Learning SVM2021Deep Learning SVM2019+ SVM SVM with efficient coding Deep Learning2021TLSTM CLSTM2022DNN + 10-fold	2022Deep Neural Net- workPIMA workDeep Learning Decision TreePima2020Artificial Neural Network Naïve BayesPIMA2021Deep Learning SVMPIMA2021Deep Learning SVMPIMA2021Deep Learning SVMPIMA2021Deep Learning SVMPIMA2021Deep LearningPIMA2021TLSTM CLSTMPIMA2022DNN+10-fold2023DNN+10-fold	2022Deep Neural Net- workPIMADeep Neural Net- work with missing values handling2020Deep Learning Decision TreeDeep Learning Network Naïve BayesPIMADeep Learning2021Deep Learning SVMPIMADeep Neural Net- work2021Deep Learning SVMPIMADeep Neural Net- work2021Deep Learning SVMPIMADeep Neural Net- work2021Deep Learning SVMPIMADeep Neural Net- work2019+ SVM SVM with efficient coding Deep Neural NetworkPIMADeep Neural Net- work2021TLSTM CLSTMPIMADeep learning2022DNN+10-foldPIMADeep Neural Net-

Many research studies do not provide a single classification model for predicting the two classes of diabetes. There has been the use of a single dataset with few records which doesn't provide reliable results. Many researchers use the PIMA dataset without any pre-processing technique like normalization. As a result, the results suffer from outliers, overfitting, underfitting and other anomalies. There have been studies that used limited machine learning algorithms to diagnose diabetes and did not handle the missing values. In other studies, some authors have inhibited the application of feature extraction fully. The feature extraction process could be enhanced by the application of an automatic

process of deep feature extraction.

Some studies do not consider the importance of all the attributes of the dataset. Attributes like body size, height and BMI and their role in the DM diagnosis have not been considered, which affects the performance of the classifier. Many authors investigated only matricellular proteins as biomarkers however there are multiple biomarkers like microRNAs, angiographic vasospasm etc. Some models suffer from the anomaly of oversampling. It has also been brought to light that the medication affects the attributes of the patients, many researchers in their research did not collect any data regarding the medication of patients which limits the efficiency of the classifier. The limitations of various research studies in diabetes prediction are enlisted in Table 2.3 as under:

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations
[73]	The study focus on traditional datasets and did not explore the capa-
	bility of deep learning architectures fully. The study also lacks stan-
	dard evaluation metrics, has many computational constraints and inter-
	pretability problems. It is essential to address these limitations in order
	to develop more accurate and reliable artificial intelligence based model
	for the early diagnosis of diabetes.
[44]	The authors highlight the benefits of accurate diabetes prediction on
	time and compares various machine learning models. The proposed
	IDMPF model shows better results. However, it has the limitation of
	poor data driven performance. Besides, the study focuses on two models
	and no work has been done towards class balancing. More models need
	to be explored with bigger datasets and balancing techniques in order
	to improve the accuracy and generalizability of the model.
[74]	In this study, an ensemble model that integrates J48, NBTree, Random
	Forest and Simple Cart machine learning techniques for early diagnosis
	of Type 2 diabetes. The limitation of the study is that it relies on single
	normalization technique. Besides, the integration of machine learning
	and deep learning techniques could improve the accuracy of model which
	was not explored in this study.

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations
[75]	Various data mining and machine learning models have been studied and
	compared. SVM and NB give promising results. The study has limited
	scope of algorithms, depends on dataset and does not apply feature
	engineering for feature importance and feature selection. Working on
	these limitations could result in development of more comprehensive
	and robust diabetes prediction model.
[76]	The study highlights the limitations in multilayer perceptron model that
	can be addressed by data balancing techniques to improve the perfor-
	mance of the model.
[77]	The authors have worked on comprehensive review of various ML tech-
	niques for early diagnosis of diabetes along with focus on importance of
	data preprocessing techniques like feature selection, data denoising and
	feature extraction to improve the accuracy. The limitations pertain that
	only basic machine learning models have been used for comparison with-
	out considering deep learning approaches. Therefore, a clear and more
	complex picture of the start of the art models for diabetes prediction is
	not covered in the study.
[129]	This study focus on comprehensive review of data mining techniques
	for the early diagnosis of various endocrinal diseases with main focus
	on diabetes mellitus and thyroid disorders. The study did not focus on
	classifiers that works on fewer features for fast diagnosis.
[79]	The study uses various data mining techniques for early diagnosis of di-
	abetes mellitus using limited feature dataset that does not have features
	like family history, prescription drugs, smoking and sleep deprivation.
	These features can improve model accuracy and generalizability
[80]	The study shows that backpropogation achieves 83 percent of accuracy
	that over performs other machine learning algorithms for diagnosis of
	diabetes mellitus. The limitation of the study is that it implements lim-
	ited number of algorithms with little iterations. More advanced machine
	learning algorithms and deep learning algorithms with more epochs can
	be used to give more clear picture of the performance of various algo-
	rithms for early diagnosis of diabetes.

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations
[130]	The authors highlight the advantages of AI based tools for early predic-
	tion of diabetes mellitus. The study shows the better performance of
	ensemble techniques over individual machine learning algorithms. The
	limitation of the study is that it considers various studies for review that
	are more than decade old. More recent approaches can be explored with
	more evaluation metrics for better results.
[82]	While applying decision tree for early prediction of diabetes mellitus,
	the authors concludes that 50 percent split of dataset into training and
	testing provides best accuracy. However, this is neither true for all
	datasets nor for all algorithms. The study only shows the performance
	of decision tree without considering other state of art machine learning
	algorithms for diagnosis of diabetes mellitus.
[83]	The authors implement modified J48 classifier for early prediction of
	diabetes mellitus along with other classifiers. The authors compare var-
	ious algorithms based on the accuracy, however accuracy is not always
	the best evaluation metrics and may lead to biased evaluation in case
	of imbalanced datasets. Considering more advanced evaluation metrics
	could provide better picture of the study.
[84]	The study uses PIMA datasets for early diagnosis of diabetes. The pro-
	posed algorithm achieves high accuracy, however, the applications of
	ensemble algorithms and deep learning algorithms have not been con-
	sidered. Addressing such limitations could improve the generalizability
	and robustness of proposed approach.
[85]	The study proposes the development of model for diabetes diagnosis
	using cluster validity index, k-means clustering and Radial Basis Neural
	Network. The limitation of the model is that it considers only adult
	population while predicting diabetes mellitus. Besides the comparison
	of proposed model with limited number of models also does not give
	clear picture of the robustness and generalizability of the model.
[86]	The authors propose a soft voting classifier model that is an ensemble of
	RF, LR and NB for early diagnosis of diabetes mellitus. The limitation
	of the study is that they do not consider the application of deep learning
	techniques for diagnosis of the diabetes mellitus.

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations
[87]	The research stresses on the efficiency of machine learning algorithms
	in early prediction of diabetes mellitus with ANN outperforming other
	algorithms, however, the limitation of study is that they carry out the
	research on single structured dataset with limited number of records
	and no features for taking relevant features into account like smoking
	hereditary traits etc.
[88]	The authors compare various machine learning and deep learning al-
	gorithms and find Random Forest is the most effective in predicting
	diabetes mellitus. The limitation of the study is that the use of feature
	extraction using automatic deep feature extraction approaches of deep
	learning have not been considered. Future research could emphasize
	on application of better feature extraction techniques for improving the
	performance of the model.
[89]	A novel approach for early prediction of diabetes mellitus was proposed
	by the authors using simple feature selection techniques. There is a
	scope of improvement by exploration of advanced feature engineering
	techniques and with analysis of correlation of various features with the
	target variable.
[90]	The review study of various machine learning algorithms for diabetes
	prediction shows Logistic regression to be most effective for diagnosis
	of diabetes mellitus. It only focuses on traditional machine learning al-
	gorithms without taking unsupervised machine learning algorithms and
	deep learning techniques into account.
[91]	Diabetic foot ulcers are one of the diseases caused due to diabetes. The
	study focuses on the development of a diagnostic model for early de-
	tection of foot ulcers using 2D image based deep learning models. The
	limitation of the study lies in its dependence on images of particular
	population that compromises the models generalization.
[11]	A review article for early detection of diabetes using machine learning
	algorithms was presented in this study hat lacks taking into considera-
	tion most recent papers and focuses on study of research carried between
	2015 and 2020 thus overlooking most relevant recent studies.

Ref Limitations [92]The study proposes a machine learning approach for early prediction of diabetes mellitus in which Naïve Bayes outperforms other models. The downside of the study is that only few basic machine learning algorithms were taken into account without incorporating advanced machine and deep learning techniques that may give more better performance in prediction of the disease. [93]The study focuses on prediction of Type 2 Diabetes using basic machine learning algorithms. The limitation of the study is that the algorithms were trained on small size dataset. Besides, advanced machine learning techniques were not taken into account for the classification of disease that may improve the outcome of the study. [94]The authors emphasize the application of preprocessing techniques on dataset used for early prediction of diabetes mellitus. The downside of the study is that advanced preprocessing techniques were overlooked and basic preprocessing techniques were used that may have the potential to introduce bias in the results. [32]The study has been done for early prediction of diabetes mellitus using various data mining techniques in which neural network outperform other prediction models. The downside of the study is dependence on basic machine learning algorithms with considering advanced deep learning models. Future research could explore more advanced ML and DL algorithms to improve the accuracy of the prediction model.  $\left[95\right]$ The study focuses on early diagnosis of diseases using machine learning and deep learning. The CNN algorithms outperforms various other model is disease diagnosis. It takes into account general diseases without any focus on diabetes dataset. [96]The authors in this study propose five ML models for early diagnosis of diabetes mellitus. They further use basic feature selection to reduce the dimensionality of the dataset. Taking into account advanced feature selection techniques along with missing value imputation may enhance the outcome of study. Further application of deep learning models can

TABLE 2.3: Limitations of various ML and DL based Methods

also lead to better results.

Ref	Limitations
[131]	The authors focus on contribution of machine learning models for di-
	agnosis of diabetes mellitus. The authors did not take into account
	important features like BMI, Height, and Weight while prediction of the
	disease that could lead to poor prediction of the model.
[98]	This review study highlights the effectiveness of various machine learning $% \left( {{{\left[ {{{\left[ {{\left[ {{\left[ {{\left[ {{\left[ {{\left[$
	algorithms in prediction of diseases like cancer, diabetes and tumors. It
	focuses on limited machine learning algorithms without consideration of
	deep learing and advanced unsupervised machine learning algorithms.
[99]	In this study, a detailed review of various data mining techniques for
	diabetes prediction was given showing ensemble methods outperforming
	individual methods. The limitations of study is dependence on small
	dataset without any data augmentation techniques that may result in
	over fitting of the models.
[132]	This study presents an effective comparison of different machine learning
	algorithms for the diagnosis of Gestational Diabetes Mellitus and pro-
	poses a new stacking model that shows better performance than other
	models. The limitation of the study is that they compares the results
	with only limited set of algorithms and the experiment was carried out
	without any clinical setting. Considering more models in future can
	enhance the performance with better results.
[101]	This review article presents various data mining techniques used for
	early diagnosis of diabetes and also highlights the effectiveness of vari-
	ous techniques for diagnosis of diabetes and early preventive measures.
	The limitation of the study is that there is focus on particular techniques
	without taking into consideration advanced machine learning techniques
	like unsupervised techniques. Future research could address such limita-
	tion and considering unsupervised and deep learning techniques to give
	more comprehensive understanding and better results.
[102]	The study combines Deep Learning Convolution Neural Networks with
	Harris Hawks Optimization (HHO). The proposed model gives high per-
	formance as compared to traditional machine learning models but is lim-
	ited by its dependence on text based dataset that is not suitable for deep
	learning models like CNN. Besides, the number of records in dataset are

very few that may introduce over fitting in deep neural networks.

TABLE 2.3: Limitations of various ML and DL based Methods

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations
[103]	A comprehensive review of various machine learning algorithms is given
	in the study for diagnosis of breast cancer and Kidney disease. The
	study considers only few machine learning algorithms like SVN, KNN,
	RF and NB. A more comprehensive study with focus on unsupervised
	and deep learning models is needed to clear picture of the field.
[133]	The comprehensive study of various machine learning techniques is given
	in the study for early prediction of diabetes mellitus. Various machine
	learning algorithms were considered among which HbA1C and FPG $$
	gives better performance. The downside of the study is no consideration
	of deep learning approaches for the prediction and missing of preprocess-
	ing techniques.
[104]	The study focuses on contribution of machine learning techniques for
	early diagnosis of diabetes and highlights various areas where improve-
	ments are required for better prediction of the disease. The study lacks
	generalization and does not take into account real world factors during
	the study like lifestyle, economic conditions and hereditary traits.
[105]	The study was carried out to review various machine learning algorithms
	for early diagnosis of Chronic Kidney Diseases by considering Logis-
	tic Regression, SVM, Multilayer Perceptron and Recursive Partitioning.
	The LR and MLP gives better results over other ML algorithms however
	the downside of the algorithm is that it does not take into account other
	machine learning algorithms and does not focus on feature engineering
	techniques.
[106]	Two different models are proposed by authors in this study for early pre-
	diction of diabetes and compare the effectiveness in terms of accuracy
	and computational requirements. The data-recovery integrated with
	neural network approach offer better performance for diagnosis of dia-
	betes. The downside of the study is application of basic machine learning
	techniques with much focus on preprocessing of datasets.

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations
[107]	The study focuses on importance of correct prediction of diabetes and
	the capability of machine learning techniques towards achieving this
	goal. The downside of the study is lack of proper specification and ac-
	curacy of the proposed model. Future contribution would be to develop
	novel model with focus on individual patient characteristics and incor-
	poration of real world data for study.
[108]	The study proposes a novel model for early stage risk prediction of Kid-
	ney diseases with data obtained from wearable devices and machine
	learning algorithms. The downside of the study is dependence on few
	machine learning algorithms without considering deep learning tech-
	niques.
[109]	The analysis of various machine learning algorithms for prediction of
	diabetes mellitus was given in the study with decision tree giving better
	results. No emphasis on missing value imputation and feature selection
	techniques was given.
[110]	In this study the author presents KNN, SVM and RF for diabetes pre-
	diction with RF giving most promising results. The downside of the
	study is lack of proper normalization techniques and study of limited
	algorithms.
[111]	The authors study application of SVM for early prediction of diabetes
	with emphasis of identification of individuals with high risk. The limita-
	tion of the study is dependence on single algorithm without comparing
	results of other algorithms.
[112]	The authors provide analysis of Naïve Bayes, Support vector machine,
	Random Forest and Simple Cart for early prediction of diabetes. The
	SVM shows better performance. However, the limitation of the study is
	consideration of limited number of techniques and evaluation metrics.
[113]	The authors gives comparative study of multiple machine learning algo-
	rithms and their contribution towards early diagnosis of diabetes melli-
	tus. The limitation of the study is absence of missing value imputation
	that introduces bias in the results.

TABLE 2.3: Limitations of various ML and DL based Methods

Ref	Limitations				
[114]	The authors propose a machine learning model to diagnose diabetes				
	mellitus and other genetic disorders. The study mostly focuses on Ran-				
	dom forest without considering other well known and advanced machine				
	learning algorithms. Therefore, the study lacks in providing accurate				
	picture of contribution of different algorithms in early detection of dis-				
	ease.				
[115]	A novel approach for early prediction of hemorrhage using machine				
	learning model s was presented in the study that gives better accuracy,				
	however, the drawback of the study is lack of validation of model and				
	training of model on smaller size dataset.				
[116]	A thorough comparison of various machine learning and regression mod-				
	els was given in study for the diagnosis of diabetes mellitus and shows the				
	importance of using Electronic Health Records for training of models.				
	The study shows edge of regression models over machine learning mod-				
	els in terms of interpretability and stability. The limitation of the study				
	is the use of dataset without data preprocessing and data augmentation				
	techniques.				
[117]	The authors presents analysis of machine learning algorithms for early				
	diagnosis of diabetes among which random forest gives better results				
	in terms of accuracy. The downside of the study is the consideration of				
	only few machine learning algorithms and with fewer evaluation metrics.				
	Future research needs to address these limitation to get better results.				
[118]	The study shows that ensemble approach of machine learning algorithms				
	shows better performance in diagnosis of diabetes mellitus. The limi-				
	tation of the study is that it does not take into account deep learning				
	models.				
[119]	In Type 1 diabetic patients the micro vascular complications are serious				
	problems that need to be address. The study focuses the importance of				
	early prediction of Micro vascular problems and the possibility of using				
	machine learning in achieving this. The limitation of the study is lack				
	of standardized measures and operationalization metrics.				

Ref	Limitations
[120]	A broad review of IoT based technology for diagnosing type 2 diabetes
	mellitus remotely was presented with the potential of wearable sensors to
	collect personalized data. The biggest limitation of the study is breach
	in data privacy and data security when the personalized data is shared
	publically by the wearable devices.
[121]	The study shows how random forest is more effective approach in early
	diagnosis of diabetes mellitus. The limitation of the study is implemen-
	tation of only fewer algorithms and using datasets without preprocessing $% \mathcal{A}$
	techniques that may produce biased results.
[122]	The study presents a novel approach for early prediction of diabetes
	mellitus using Convolutional LSTM. The downside of the study is ap-
	plication of Convolutional Neural Network on PIMA dataset which has
	small number of records and is not suitable for deep neural networks.
[1]	In this research, the authors present comparative study of basic ma-
	chine learning algorithms for early diagnosis of diabetes. While SVM
	shows superior performance, the study limitation is that the dataset
	was used in its primitive form without application of data preprocessing
	techniques and feature engineering techniques. Besides the study does
	consider application of deep neural networks for early prediction of dia-
	betes. Future research could focus on preprocessing, feature engineering,
	feature augmentation and use of deep neural networks for prediction of
	diabetes mellitus in order to improve the classification accuracy.
[123]	In this study the authors gives comprehensive review of various machine
	learning and fuzzy logic techniques for the early diagnosis of diabetes
	mellitus. From the study, it was found that fuzzy inference systems
	and random forest gives better prediction results. The limitation of the
	study is dependence on limited number of algorithms which does not give
	complete picture of the unsupervised ML algorithms for early prediction
	of diabetes mellitus.

TABLE 2.3: Limitations of various ML and DL based Methods

The findings indicate that the Random Forests provide better accuracy followed by Gradient Boost and Logistic Reasoning. For early detection of diabetes mellitus, these algorithms may be considered while making efforts to keep in the queue the abovediscussed insights for better performance and results. Deep Neural based algorithms show promising results but fail to achieve higher accuracy without bias due to the smaller dataset size. A valuable insight into the problem is to use k-fold cross-validation techniques in tandem with a DNN to achieve promising results.

#### 2.7.1 Experiment and Results

Most of the above-discussed techniques have used the PIMA dataset for their studies. A total of 9 attributes, that are significant to the process of prediction are used. With a total of 768 samples, 500 records are values containing 268 entries with a value of 1 (diabetic) and result attribute 0 (non-diabetic). Based on the results obtained in various studies done by researchers and discussed in the section, some of the most significant models have been implemented on the PIMA. The results are compared on various evaluation parameters to give thorough explanations of the optimality of these methods for diabetes prediction. The following ML techniques were implemented in Keras and TensorFlow:

- 1. KNN
- 2. SVC
- 3. LR
- 4. DT
- 5. GNB
- 6. RF
- 7. GB

The following evaluation criteria have been used to ascertain the performance of different ML methods: The accuracy and performance of any supervised learning method are examined using the confusion matrix (CM). Calculating the algorithm's performance using the following metrics:

$$Acc = \frac{(TP+TN)}{(TP+TN+FP+FN)}$$
$$Sen = \frac{(TP)}{(TP+FN)}$$

 $Spec = \frac{(TN)}{(TN+FP)}$ 

 $F1 \ Score = \frac{(2TP)}{(2TP + FP + FN)}$ 

The CM is given in Figure 2.4:

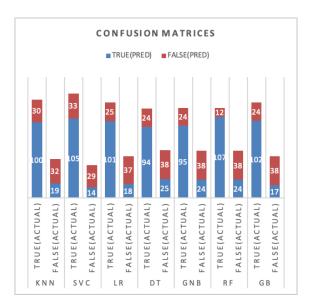


FIGURE 2.4: CM of various ML techniques

The analysis of ML-based methods reveals that some of the techniques provide better results than others. Based on this thorough comparative analysis, it was observed that few techniques including KNN, SVC, LR, DT, GNB, RF and GB provide results that are consistent among all studies. Subsequently, these techniques provide a promising roadmap to approaching this predictive problem. With this vision, the techniques were implemented for comparative analysis, as shown in Figure 2.4. The CM provides a clear summary of good classifiers for DM diagnosis. Consequently, the performance and rates of these ML-based techniques are given in Table 2.4 and Table 2.5 respectively. The RF algorithm performs fairly well in terms of performance and rates as well.

# 2.8 Conclusion

Many researchers use the PIMA dataset without applying pre-processing techniques such as normalization. Consequently, their findings are affected by outliers, overfitting, underfitting, and other anomalies. Additionally, some studies employ a limited range of

Algorithm	Precision	Recall	Specificity	F1-Score	Accuracy
KNN	0.8403	0.7692	0.6275	0.8032	0.7293
SVC	0.8824	0.7609	0.6744	0.8171	0.7403
LR	0.8487	0.8016	0.6727	0.8245	0.7624
DT	0.7899	0.7966	0.6032	0.7932	0.7293
GNB	0.7983	0.7983	0.6129	0.7983	0.7348
$\mathbf{RF}$	0.8992	0.8168	0.7600	0.8560	0.8011
GB	0.8571	0.8095	0.6909	0.8327	0.7735

TABLE 2.4: Performance of various ML algorithms

TABLE 2.5: Rates of	various M	L algorithms
---------------------	-----------	--------------

Algorithm	$\mathbf{TPR}$	FNR	$\mathbf{TNR}$	$\mathbf{FPR}$
KNN	0.7692	0.2308	0.6275	0.3725
SVC	0.7609	0.2391	0.6744	0.3256
LR	0.8016	0.1984	0.6727	0.3273
DT	0.7966	0.2034	0.6032	0.3968
GNB	0.7983	0.2017	0.6129	0.3871
RF	0.8168	0.1832	0.7600	0.2400
GB	0.8095	0.1905	0.6909	0.3091

machine-learning algorithms for diagnosing diabetes and do not address missing values. There are also instances where the full potential of feature extraction is not utilized. Certain studies overlook the importance of all dataset attributes, particularly those like body size, height, and BMI, which significantly assist in the diagnosis of DM. This oversight negatively impacts the performance of classifiers. Several researchers had extensively studied diabetes mellitus, a life-threatening disease, due to its widespread grip on the world population. Many trials had been conducted to improve ML techniques for better accuracy. This study focused on analyzing and comparing various techniques to uncover their limitations and drawbacks. Many parameters, such as missing values, inadequate datasets, inefficient feature extraction, reduced biomarkers, and medication effects on significant parameters, were often disregarded while using ML and DL classifiers for diabetes mellitus diagnosis.

The results of various studies indicate that Random Forests provide the highest accuracy, followed by Gradient Boosting and LR. For the early diagnosis of DM, these algorithms should be considered, along with the incorporation of the aforementioned insights, to achieve better performance and results. There is a great potential of these AI-based techniques in aiding diabetes diagnosis, and their ability to analyze large datasets and uncover hidden characteristics that traditional approaches might overlook. A comparative analysis of ML and DL techniques, outlining the strengths and limitations in the context of diabetes diagnosis indicated how various ML methods, including DT, SVM, ANN, and K-NN perform and the potential of DL techniques such as deep belief networks and RNN were explored. Based on the background and the survey done and the promising results while working on DNN based approaches, it was inevitable to focus on developing a model for DM diagnosis using DL techniques while focusing on pre-processing of the dataset.

# Chapter 3

# Enhancing Diabetes Mellitus Diagnosis - A Comparative Analysis of Pre-processing Techniques for Data Optimization

# **3.1** Introduction

Pre-processing is necessary before using the dataset to train any ML or DL model. Preprocessing techniques can be used for imputation of missing values, standardization, normalization, feature reduction, etc. There are many techniques available for imputation of missing values, and the most popular ones are mean, mode, and median. These are straightforward imputation techniques, but they have some serious drawbacks, such as the fact that applying these techniques to the dataset always introduces some bias, which may lead to poor performance from ML and DL models. To address these issues with biased datasets, more complex and advanced techniques for data imputation—such as polynomial regression—have been used. Following the process of imputation of missing values, elimination of any extraneous characteristics from the dataset in order to cut down on the duration needed to train the model is done. This is accomplished by reducing the dataset's dimensionality through the scoring of attributes based on how much of a contribution each attribute makes to the classification process. A variety of techniques are available for this purpose, and Spearman's rank correlation coefficient has been used.

## 3.2 Conventional machine learning techniques

Diabetes is a kind of long-lasting disease and tremendous amount of data is generated during the treatment of patients suffering from diabetes like cardiovascular disease and the early prediction could prove lifesaving. Various ML methods can be utilzed for the diagnosis and prediction of DM, however, these techniques can either be supervised or unsupervised forms of learning.

#### 3.2.1 Supervised Learning

A goal function is set that defines the model and then fine-tune arguments of the classification technique by the application of a group of recognized sample categories. The list of identified output variable values is used to compose training data. Supervised learning has two types of learning tasks, classification, and regression. Some of the popular supervised learning methods include SVM, ANN, and DT [72].

#### 3.2.1.1 Decision Tree (DT)

Based on true or false responses, the decision tree categorizes the data. The final structure is represented graphically as a tree, an acyclic graph made up of nodes and edges. There are three different kinds of nodes: the root node, which is a single node; internal nodes, which have one parent and one or more children; and leaf nodes, which are also known as external nodes and have no children. A decision tree has an advantage over other machine learning algorithms in that it is simple to comprehend. Selecting a feature from the dataset to act as the decision tree's root node is the first stage in the constructing process. The final class was typically not precisely predicted by a single trait. We call this impurity. To determine how exactly a given feature classifies the supplied data, as well as to compute the impurity level, a variety of functions such as Gini, entropy, and information gain [134] can be utilized. The node with the least amount of impurity is chosen at any level. When dealing with numerical characteristics, the average of neighbouring values is found and the data is sorted in ascending order to ascertain the Gini impurity. GI is computed at every selected average value by arranging data points depending on whether the value of features is lower or higher than the selected value and whether the selected value classifies the data correctly. The equation used to find Gini impurity is given as:

Gini Impurity =  $1 - \sum_{i=1}^{k} p_i^2$ 

where k=number of classification categories p=proportion of instances of those categories. For each value of leaf nodes, the weighted average of Gini impurities is calculated and the value with the smallest impurity is selected for that feature. The same process is repeated for all features to select the feature and value that will be selected for the node. For each node the process is iterated at every depth level until all the data is classified. On the creation of the tree, the prediction can be done by going down the tree using various conditions at each node to complete the classification Figure 3.1.

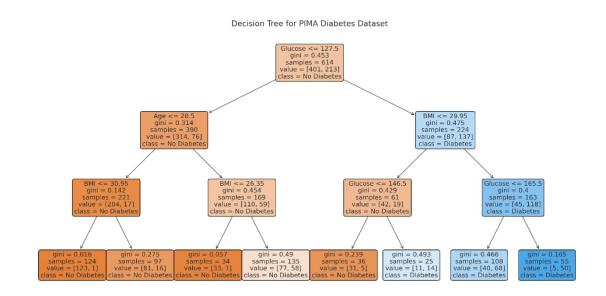


FIGURE 3.1: Decision Tree classification of PIMA dataset

#### 3.2.1.2 Support Vector Machine (SVM)

A kernel function is used by SVM to transform data from input space to multidimensional feature space, after which it looks for a separating hyper-plane. PUK, radial basis functions, and linear polynomial kernel functions are some of the frequently utilized kernel functions in SVM. It is a popular supervised ML technique that is used for regression and classification [135]. Classification is the use of SVM that occurs most frequently. In multidimensional space, the SVM method determines the ideal hyperplane that separates data points into distinct classes according to their properties. To maximize the margin between two nearby data points, the hyperplane is used. The number of features in feature space determines the number of dimensions of the hyperplane. The hyperplane will be a 2-D plane when there are two features in feature space. Suppose we have

one dependent variable, represented by either a red or blue circle as shown in Figure 3.2, and two independent variables,  $x_1$  and  $x_2$ .

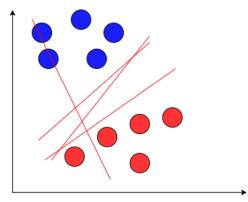


FIGURE 3.2: Linearly Separable Data Points

Figure 3.2 illustrates this with many lines representing our 2-D hyper-planes. These are caused by the two features  $x_1$  and  $x_2$ , which divide our data points into two sets of circles. As can be seen in the above picture, there are several lines that divide our data points into red and blue circles (the hyperplane in this case is a line since only two input features,  $x_1$ ,  $x_2$ ), as can be clearly seen. Thus, how can we select the optimal line, or more broadly, the optimal hyperplane, to divide our data points?

1. Working: The hyperplane that separates the data points with large margins is considered a good hyperplane. A hyperplane with a maximum distance between it and the nearest data point on both sides is the best option. It is referred to as the maximum-margin hyperplane/hard margin if one exists. The ideal hyperplane is L2, as seen in Figure 3.3.

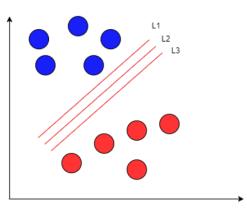


FIGURE 3.3: Multiple Hyper planes

Thus, the hyperplane with the greatest distance between it and the closest data point on each side is selected. It is referred to as the maximum-margin hyperplane/hard margin if one exists. Therefore, we select L2 from the given diagram. If the scenario is different, as shown in Figure 3.4:

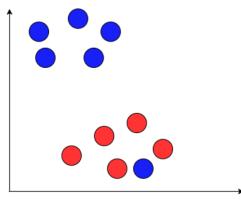


FIGURE 3.4: Selecting Hyper plane for data with outlier

In this case, one blue data point is in the boundary of red data points. In such cases, the blue data point in the red boundary is known as the outlier of the blue data point. In order to maximize the margin, the support vector machine ignores the outlier and chooses the optimal hyperplane. This makes the support vector machine resilient to anomalies. Similar to the previous example, the SVM determines the biggest margin and further applies a penalty each time a data point crosses the margin Figure 3.5. The margins in these situations are referred to as "soft margins." Should the dataset have a soft margin, the objective of SVM is to minimize  $(1/margin + (\sum penalty))$ .

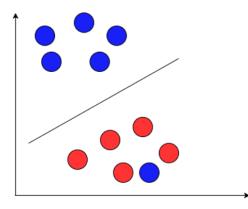


FIGURE 3.5: Hyperplane which is the most optimized one

In all the above cases the data points were linearly separable i.e., the data points were separable by a straight line. It is not always the case. There can be data which is not linearly separable as shown in Figure 3.6 below:

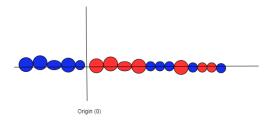


FIGURE 3.6: Original 1D dataset for Classification

In the above diagram, the data is not separable linearly. The SVM handles this problem by creating a variable known as kernel. A point  $x_i$  data point on the line and another variable that depends on how far away the origin o is taken. The plot is shown in Figure 3.7 below:

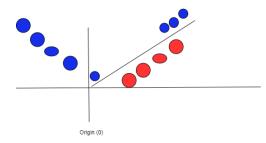


FIGURE 3.7: Mapping 1D Data to 2D

A non-linear function called a kernel is employed to use the new variable y as a function of distance from the origin.

#### 3.2.1.3 Artificial Neural Network (ANN)

ANNs are among the most potent instruments available for analyzing complicated clinical information. ANNs predict dependent values from a given set of independent values after detecting the complicated link between dependent and independent variables using known data during the training phase. The ANN is suitable for incomplete, complex, and non-linear datasets [10].

#### 3.2.1.4 K-nearest neighbor (KNN)

Thomas Cover created the KNN method for classification and regression. The K-closest training examples for input in the feature space make up this non-parametric method, and its output depends on whether it is employed for classification or Regression [136]. This technique produces class membership as output which is an object classified on plurality vote. The object that is the most common among the neighbors is allotted to the class. It is simply assigned to the class of the one nearest neighbor object if k=1. The property value of the object, which is the mean of the values of the k nearest neighbors, is the result of the k-NN regression. This supervised machine learning approach is widely used and may be applied to both regression and classification tasks. Evelyn Fix and Joseph Hodges created the method in 1951, and Thomas Cover later made modifications to it. This algorithm is most extensively used in pattern recognition, data mining and intrusion detection problems. In KNN there is some predefined data known as training data that helps in classification of coordinates into groups recognized by an attribute. Let us consider the following data points with two features Figure 3.8.

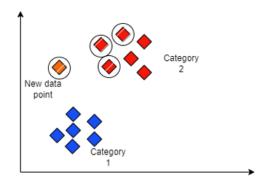


FIGURE 3.8: KNN algorithm working visualization

There are two categories of data points known as Category 1(blue) and Category 2 (red). We also have a new data point called testing data and the objective is to assign this new data point to one of the two categories. Initially, all the new data points which are not classified are marked as white. If all the points are plotted on a graph, it is possible to identify some clusters or groups. On receiving new data point which is unclassified, we can allocate it to a group by observing its characteristics and deciding what group its nearest neighbors belongs to. A new data point close to the group of points classified as red (category 2) has more probability of being classified into category 2.

#### 3.2.2 Unsupervised Learning

Enormous data is produced by the medical industry, but some data doesn't possess corresponding labels. Therefore, it is inappropriate to employ supervised learning approaches. In such cases, unsupervised learning can be useful to discover the relation between hidden structures of unlabeled data. Some of the commonly used unsupervised learning methods include clustering techniques and association rule techniques [137].

#### 3.2.2.1 Clustering Techniques

The clustering techniques can be used for searching for useful patterns in unorganized datasets.

#### 3.2.2.2 Association Rule Learning

An association rule often has the form X1, X2,..., Xn $\rightarrow$ Y. An association rule is one where the two entities support degree and trust degree reach a threshold value that is already specified. Commonly used association rule discovery algorithm includes Apriori.

## **3.3** Deep Learning Techniques

The traditional ML algorithms have limitations in handling raw natural data. To deal with such type of data, the researchers use the notion of feature learning or representation learning in which there is a set of techniques that are used by a machine and provided with input in the form of raw data and it learns the representations required for the classification [10]. One of the widely used representations learning methods is Deep-Learning that has many layers of representation, obtained by a combination of simple nonlinear modules that helps to transform a simple level of representation into a higher, more abstract representation. The datasets generated by the medical industry are multidimensional, heterogeneous, and sparse. Therefore, the utilization of DL methods for the classification of such datasets is more suitable and has applications in the prediction of diabetes [138].

#### 3.3.1 Convolutional Neural Network

One of the Deep Neural Networks in Artificial Intelligence that is most frequently researched and utilized is the Convolutional Network. CNN has several uses in computer vision, natural language processing, and image processing. Among the popular feedforward neural networks for image processing CNN is the leading Deep Neural Network. It is composed of several Multi-Layer Perceptrons. Hubel and Wiesel researched the visual cortex of cats and found that the visual cortex of cats has a kind of hierarchical information processing structure in which the information processing complexity increases with an increase in several levels Figure 3.9.

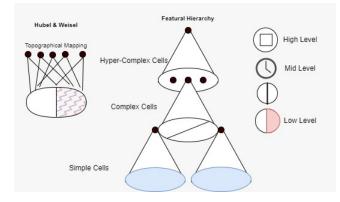


FIGURE 3.9: The Hierarchical Cortical Model of Cat's Visual Cortex

Yann and LeCun inspired by the Hubel and Wiesel observations proposed the CNN model. The first working CNN model commonly known as LeNet was proposed by Yann and LeCun with a back propagation algorithm and random gradient descent method. This model marks the foundation for CNN which was then popularly used for image processing and image recognition applications. The CNN has several similarities with biological neural networks. Each Convolutional Layer in the CNN model has receptive cells known as neurons that are connected with the input data. They work similarly to biological neurons. Each CNN model has five layers. One or more convolutional layers that are utilized for calculations come after the input layer, which is the first layer. Activation functions are found in the third layer; the pooling layer comes next; and the output layer, commonly referred to as the fully linked layer, is the last layer. The input data or images are read by the data input layer in which the pre-processing of data is performed like normalization, standardization, and feature selection. This first layer facilitates further image processing operations.

The Convolutional Layer is the most important layer that performs feature extraction. This layer performs two main operations viz local cross-validation and receptive field.

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The size of the receptive field is determined by the convolutional kernel size and the network configuration. In different levels, the receptive field's dimensions also differ. The size of the receptive field also decides how much information in input data can be observed by the neurons which ultimately affects the learning ability and performance of the network. Once the filter size, stride and fill values are fixed, the convolutional layers perform the calculations to extract various features and reduce the noise impact in the convolutional computation layer. The third layer contains activation functions to map the results of the output layer to the convolutional layer. The most commonly used activation functions are Rectified Linear Unit and Softmax. In the fourth layer known as the pooling layer, the dimensionality reduction is done using feature selection to reduce overfitting without changing features. The two-dimensional feature map is transformed by a fully connected layer into a one-dimensional vector with the application of parameter optimization and changing weights.

Grid-like topological data, such as photographs, is processed using Convolutional Neural Networks, or ConvNets. A two-dimensional binary representation grid structure is used to represent an image, with each cell holding the pixel value that indicates the color and brightness of each pixel in the image as shown in Figure 3.10.

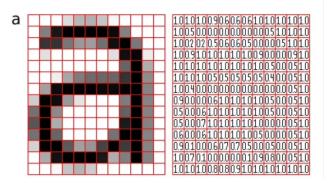


FIGURE 3.10: Representation of image as a grid of pixels

The CNN has fundamental units that perform computation on the input data known as neurons. Only the receptive field—a specific region of the image—is processed by each neuron in a CNN. CNN layers are organized such that more complex patterns, like as faces, letters, and objects, are recognized in advanced levels, while simpler patterns, such as lines and curves, are discovered early.

#### 3.3.2 CNN Architecture

The basic CNN has three layers: Convolutional, pooling and a fully connected layer Figure 3.11.

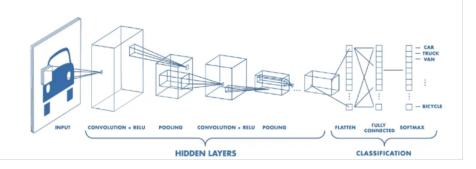


FIGURE 3.11: Architecture of CNN

#### 3.3.2.1 The Convolutional Layer

The convolutional layer is the fundamental component of the CNN model. Most of the computations made by the CNN model are handled by this layer. Two matrices are used as input in this layer. The first matrix is made up of a set of learnable parameters called the kernel, and the second matrix is made up of the pixel values of the receptive field—a specific area of the input picture. In terms of depth, the kernel is larger than the picture, but its size is lower overall. Put another way, if our image has three RGB channels, the kernel's height and width will be tiny, but its depth will encompass all three channels Figure 3.12.

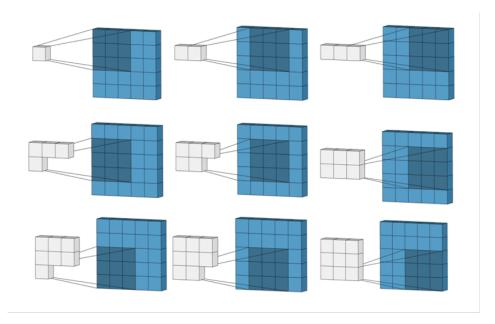


FIGURE 3.12: Illustration of Convolution Operation

During the forward pass, the kernel moves across the picture's height and breadth to produce an image representation of the specific receptive region of the input image. This forward pass results in the creation of an activation map, a two-dimensional representation of the picture. The number of cells that the kernel slides is known as the stride. Let us assume an image of WxWxD dimensions and  $D_{out}$  kernels. Let f be the spatial size, S be the stride and P the amount of padding, the formulae for calculating the size of output volume is:

$$W_{out} = \frac{W - F + 2P}{S} + 1$$

The output volume of size  $W_{out} \ge W_{out} \ge D_{out}$  will be produced using the aforementioned formulas. Three benefits come from the convolution process: equivariant representation, parameter sharing, and sparse interaction. A typical neural network applies matrix multiplication of parameter matrix and finds the relation between input and output unit. Each input unit interacts with each output unit. In contrast, a Convolution Neural Network uses sparse interaction by making the kernel smaller as compared to the input size. For example an image consists of millions of pixels but for the purpose of processing only tens or hundreds of pixels can contain relevant information, which is detected by the CNN Kernel. The number of parameters that need to be stored is minimized which not only reduces memory requirements but also improves the learning rate and other statistical efficiency of the model. In conventional neural network designs, every weight

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matrix value is utilized just once and is never reused. However, in the context of CNN, shared parameters are utilized, meaning that the weights applied to one area of the network are the same as the weights given to other sections in order to create output. As a result of parameter sharing, the CNN layers have the equivariance to translation property i.e., on changing input, the output also gets changes similarly Figure 3.13.

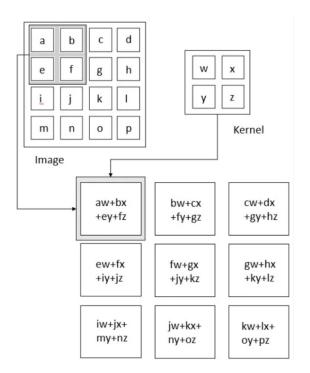


FIGURE 3.13: Convolution Operation

#### 3.3.2.2 Pooling Layer

The pooling layer's primary goal is to minimize the number of computations and weights needed. This is accomplished by substituting different statistical summaries, such as an aggregate of the closest outputs, for the network's output at particular points. The representation's spatial size is therefore decreased. Every slice is subjected to the pooling process independently. A weighted average depending on the distance from the center pixel can be employed, as can an average of the neighborhood rectangular area, the neighborhood rectangular area's L2 norm, or both. The most often used pooling function is max pooling, which provides the neighborhood's maximum output Figure 3.14.

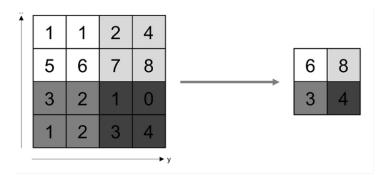


FIGURE 3.14: Pooling Operation

A pooling kernel with spatial sizes F and S as the Stride size and an activation map of size WxWxD will produce an output volume of  $W_{out}$ . These values are determined via formula:

$$W_{out} = \frac{W-F}{S} + 1$$

#### 3.3.2.3 Fully Connected Layer

In a completely linked layer, the matrix multiplication process is followed by the bias effect, and every neuron in the previous layer is connected to every neuron in the subsequent layer. Determining the representation between the input and the output is the primary goal of the fully linked layer.

#### 3.3.2.4 Non-Linearity Layers

Non-linearity layers are positioned immediately following the convolutional layers in order to add non-linearity to the activation map. There are a number of non-linear operations that can be applied. The mathematical formula for the sigmoid function is:

$$\sigma(k) = \frac{1}{(1 + \varepsilon(-k))}$$

A real-valued number is transformed into a range between 0 and 1 via the sigmoid function. The gradient of the sigmoid function decreases to almost zero at each tail of activation, and if the gradient is too tiny, this is the negative portion of the function, the gradient may be missing during the backpropagation. Another drawback of the sigmoid function is that if the input data of the neuron is always greater than zero, the sigmoid output will be either positive always or negative always This results in a weight gradient update that is zigzag in dynamic.

Real-valued values are converted using the Tanh function to fall between -1 and 1. Tanh's output is always centered at zero.

ReLU is the most popular non-linear function used over the past few years. The ReLU has mathematical formula  $f(k) = \max(0, k)$ . Compared to other nonlinear functions, ReLU's activation is more dependable since it has a zero threshold. The ReLU converges six times faster than Sigmoid and Tanh. The downside of ReLU is that it can be fragile when the model is being trained. If a gradient with large gradient is passed through it, the update is done in a manner that the neuron never gets updated. This problem can be eliminated by setting a proper learning rate.

#### 3.3.2.5 Models of Convolutional Neural Network

There are several models that are utilized that are based on convolutional neural networks for image processing and the most popular are LeNet, AlexNet, GoogleNet and ResNet. Among all Convolutional Neural Networks, LeNet is the earliest CNN model that was originally developed to recognize handwritten digits. The LeNet is a five-layer structure with simple architecture. The LeNet has a small Kernel and uses a Sigmoid function in the activation layer that produces binary output. Therefore the LeNet provides relatively simple processing as compared to other CNN models Figure 3.15.

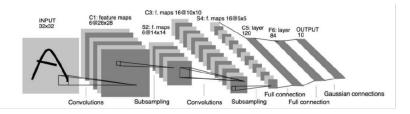


FIGURE 3.15: Working of LeNet

Alex Krizhevsky along with his associates developed a model in 2012 namely AlexNet which is considered to be the first model that uses deep neural networks for image processing applications. AlexNet is a more complex network as compared to LeNet. The AlexNet features three fully connected layers in addition to five convolutional layers. Its excellent feature extraction capabilities allow it to learn more. It is more generalized deep neural network with better performance. It uses a more advanced ReLU activation function in the activation layer and also has one extra normalization layer and dropout technique that helps in the reduction of overfitting. In the last two convolutional layers,

the AlexNet has convolutional kernels of varied sizes for feature extraction and training with images of different sizes Figure 3.16.

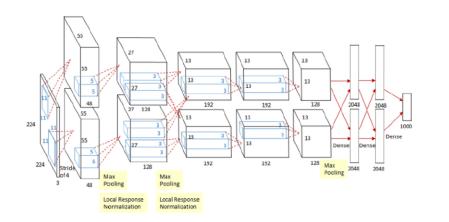


FIGURE 3.16: Network Structure of AlexNet Model

In 2014, the Google Brain team proposed an advanced Convolutional Neural Network known as GoogleNet which used an inception module for feature extraction of various scales by the application of parallel convolution kernels of various sizes and pooling operations. In GoogleNet the memory consumption and computation required were reduced to a large extent by the application of small convolution kernels and by using global average pooling that reduces the count of attributes in the network. Consequently, the performance of GoogleNet increases dramatically. The introduction of batch normalization technology in GoogleNet improves its stability and helps to accelerate the convergence process of the model. It also decreases model dependency on initial weights Figure 3.17.

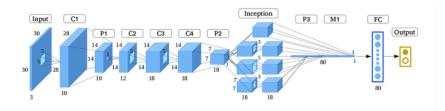


FIGURE 3.17: Network Structure of GoogleNet Model

#### 3.3.2.6 Residual Network (ResNet)

After the first CNN-based Network popularly known as AlexNet was developed, there was a notion that any successful deep neural network architecture can lower the error

rate by increasing the number of layers. This was true as far as the number of layers were smaller, but when we start adding more layers to a deep neural network the problem known as Vanishing or Exploding gradient is introduced that results in either zero gradient or gradient becomes overly large as a result of which the training as well as testing error rates goes on increasing with the increase in number of layers Figure 3.18.

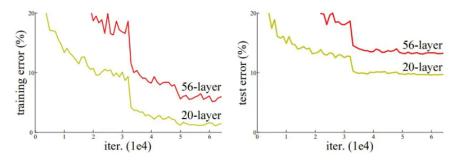


FIGURE 3.18: Comparison of 26 layer VS 56 layer architecture

It is clear that 26-layer CNN architecture performs better as compared to 56-layer CNN architecture on training and testing data. The researchers from various experiments and observations concluded that this increase in error rate is caused by vanishing or exploding gradient due to deep neural networks with more layers.

To address this vanishing or exploding gradient problem, Microsoft Research experts introduced a novel architecture in 2015 known as residual network or ResNet. This network solves the vanishing gradient problem by employing a method called skip connections. A leftover block is created in the skip connection Figure 3.19 by bypassing parts of the levels that occur between link layer activations to succeeding layers. A stack of such leftover blocks forms resnets. The resnet's concept is to let the network fit the residual mapping so that layers may pick up the underlying mapping. The general formula for skip connection is:

$$F(x) = H(x) - x$$
, where  $H(x) = F(x) + x$ 

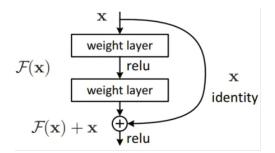


FIGURE 3.19: Skip Connection

The benefit of a skip link is that any layer which deteriorate the network performance will be skipped by regularization and hence we can train extremely deep neural networks without the problem of vanishing gradient.

#### 3.3.2.7 ResNet Architecture

A 34-layer plain architecture used by ResNet with shortcut/skip connections was developed and named VGG-19. VGG-19 architecture is converted into the residual network with the help of these shortcut connections as shown in Figure 3.20.

#### 3.3.3 Deep Belief Network

DBN is another classification mechanism that specifically consists of Restricted Boltzmann Machines with hidden layers interconnected with a visible layer of the next RBM. Deep Belief Network has also produced promising results in the classification of diseases and can be advantageous in the detection of diabetes [126]. One of the classy ANN derived from Machine Learning algorithms is DBN. Through the automatic discovery of patterns from big datasets, this type of deep learning network is utilized to extract significant information. It is a multi layered network and each layer can extract information from the data obtained from previous layer and builds a complex understanding of overall data in the dataset. The multiple layers of the Deep Belief Network consist of various layers of stochastic units known as restricted Boltzmann machines. The objective of various layers of DBN is to extract various features hidden in input data. The lower layers are responsible for identifying basic or simple patterns while as higher layers are to recognize abstract concepts Figure 3.21. In this way, DBN is effective in learning complex representations of data in the dataset. DBNs are suitable to be used with unsupervised learning where the data has no predefined labels.

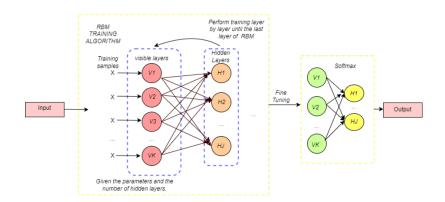


FIGURE 3.21: Deep Belief Network Structure

There are two main phases for DBN to accomplish its task. Pre-training is the first stage, and fine-tuning is the second. In the pre-training stage, the input data is understood by the network layer by layer. Each layer works as an independent RBM and learns complex data more effectively. During the first phase, how likely it is that the input data will occur is understood by the network layers to get insight into the structure of the input data. During the fine-tuning stage, the network's parameters are fine-tuned or adjusted for particular tasks like regression or classification. Through the use of the network's backpropagation mechanism, these parameters are adjusted. The performance is evaluated and the parameters adjustment is done based on errors in the network.

#### 3.3.4 Recurrent Neural Network

RNNs, which allow the output from the previous layer to enter the next phase, are among of the most popular types of neural networks [139]. The inputs from this layer and the output from the layer before it are not reliant on one another in other neural networks. The RNN maintains the state with the help of hidden layers Figure 3.22. The most important concept of RNN is a hidden state whose aim is to maintain the information about the sequence. The memory state is another term for this maintenance stage. The memory state keeps track of the prior input that was sent to the network. Every input has the identical parameters, and all inputs or hidden layers undergo the same processing to yield the same outputs. This reduces the complexity of the parameters.

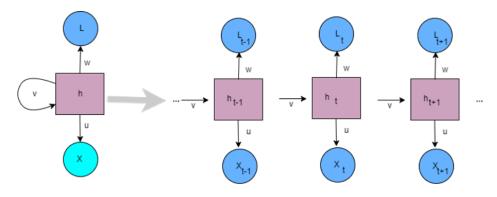


FIGURE 3.22: Recurrent Neural Network

Artificial Neural Networks without any looping nodes are known as feed-forward networks. Also known as a multilayer neural network, feed-forward networks transfer data from the input layer to the output layer via hidden layers without creating loops. With no feedback loops, it is not possible for the feed-forward network to store or retain the previous inputs and is therefore less significant with sequential data analysis. Other classifications of DL are given in Figure 3.23.

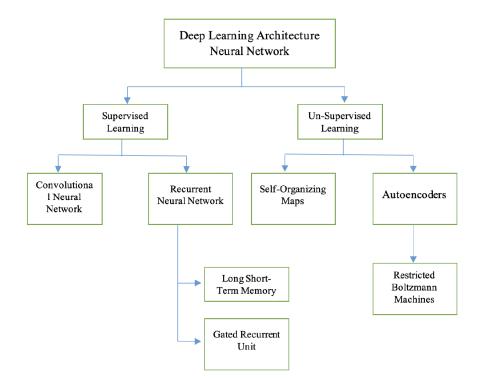


FIGURE 3.23: Deep Learning Classification

# 3.4 Experiment and Results without preprocessing

The most popular methods for data mining were applied. The PIMA dataset, which comes from the National Institute of Diabetes and Digestive and Kidney Diseases, was utilized for this work. It was used in its primitive form without application of any preprocessing techniques. Table 3.1 shows the Attributes Chosen for Study and the findings are shown in Table 2.4 and Table 2.5.

S No	Attribute Name
1	Diastolic Blood Pressure
<b>2</b>	Plasma Glucose Concentration
3	Number of Times Pregnant
4	Body Masss Index
5	2-Hr Serum Insulin
6	Tricepts Skin Fold Thickness
7	Age
8	Diabetes Pedigree Function
9	Class(Yes or No)

TABLE 3.1: Attributes

The results suggest that the Random Forests provide better accuracy followed by Gradient Boost and Logistic Reasoning. For early detection of diabetes mellitus, these algorithms may be considered while making efforts to keep in the queue the above-discussed insights for better performance and results. But because the experiment was conducted using a crudely constructed dataset, it includes a large number of missing values, unnormalized, imbalanced, and superfluous data. Using the dataset without handling these anomalies may give biased results. To eliminate such problems, data preprocessing may be considered to transform the original dataset into the suitable form for better accuracy and unbiased results.

# 3.5 Dataset

One well-known dataset that is often utilized in statistics and machine learning for carrying out research on diabetes diagnosis is the Pima dataset. It includes information gathered from the Pima Indian community close to Phoenix, Arizona, about female Pima Indians [140]. It includes a range of medical measurements as well as information on each person's development of diabetes within five years of the measurements. Figure 3.24 shows the description of the dataset.

dataframe.describe().T								
	count	mean	std	min	25%	50%	75%	max
Pregnancies	768.0	3.845052	3.369578	0.000	1.00000	3.0000	6.00000	17.00
Glucose	768.0	120.894531	31.972618	0.000	99.00000	117.0000	140.25000	199.00
BloodPressure	768.0	69.105469	19.355807	0.000	62.00000	72.0000	80.00000	122.00
SkinThickness	768.0	20.536458	15.952218	0.000	0.00000	23.0000	32.00000	99.00
Insulin	768.0	79.799479	115.244002	0.000	0.00000	30.5000	127.25000	846.00
BMI	768.0	31.992578	7.884160	0.000	27.30000	32.0000	36.60000	67.10
DiabetesPedigreeFunction	768.0	0.471876	0.331329	0.078	0.24375	0.3725	0.62625	2.42
Age	768.0	33.240885	11.760232	21.000	24.00000	29.0000	41.00000	81.00
Outcome	768.0	0.348958	0.476951	0.000	0.00000	0.0000	1.00000	1.00

FIGURE 3.24: Description of the PIMA Dataset

Below is a summary of its characteristics:

- 1. Pregnancies: Total count of pregnancies.
- 2. Glucose Concentration: Plasma glucose levels measured during a two-hour OGTT.
- 3. Blood Pressure: Measured in millimeters of mercury, the diastolic blood pressure.
- 4. Skin thickness: The Triceps skin fold thickness (mm).
- 5. Insulin: Serum insulin (mu U/ml).
- 6. BMI: Weight in kg/(height in m)<sup>2</sup>.
- 7. Diabetes pedigree function: A method that uses family history to determine a person's risk of having diabetes.
- 8. Age: Age of patient in years.
- 9. Result: 1 if the individual has diabetes, 0 otherwise.

#### 3.5.1 Advantages

- 1. Relevance to the real world: The dataset is suitable for healthcare analytics and forecasts since it is based on actual medical data [59].
- 2. Widely used: Because of its popularity, there is an abundance of available documentation, tutorials, and research, which makes it simpler for beginners to comprehend and utilize [141].

3. Diversity of features: It has a range of features that allow for the investigation of many elements that may be connected to diabetes, perhaps leading to the development of more thorough models [141].

#### 3.5.2 Disadvantages

- 1. Small sample size: By today's machine learning standards, the sample size is small, with about 700 instances. Over-fitting may result from this, particularly in complicated models [50].
- 2. Absent information: A few entries have missing values; these could need to be imputationed or handled differently during the analytical process [142].
- 3. Potential bias: Models developed using the dataset might not have good generalization to other populations because it is specific to the demographic of Pima Indians. When this is applied to different populations or ethnic groups, it may produce biased results [51].

#### 3.5.3 Age of Dataset

The dataset was collected in the 1980s, so it may not fully represent the current medical landscape or include newer factors relevant to diabetes diagnosis or prediction [143]. The Figure 3.24 gives some insights for each attribute. It is clear that the dataset suffers from number of anomalies like missing values and un-normalized values [125]. Before the dataset can be utilized, it is necessary to pre-process it so that the anomalies will be eliminated [55]. The distribution of various attributes of the dataset can be shown using histogram and density plots in Figure 3.25 and Figure 3.26 as:

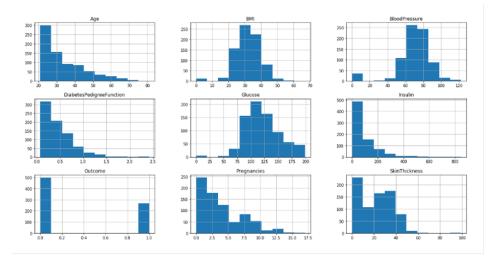


FIGURE 3.25: Attribute distribution of PIMA Dataset using Histogram

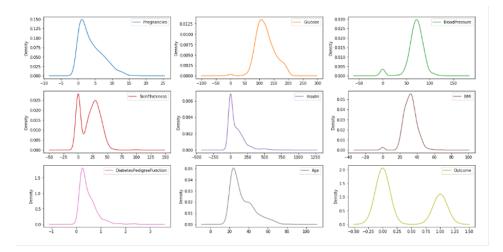


FIGURE 3.26: Attribute distribution of PIMA Dataset using Density plots

# 3.6 Preprocessing

Preparing raw data to make it appropriate for model training is known as preprocessing in data science. Since the model's performance and accuracy are heavily impacted by the caliber of the input data, this is a crucial stage in ML and DL [144]. The pre-processing includes series of operations to make the data clean and error free and modify the raw data into the form that is appropriate for the ML model's training. The various preprocessing methods that are frequently used in machine learning are given below:

#### 3.6.1 Data Cleansing

#### 3.6.1.1 Managing Missing Values

An experiment or observation is a statistical technique for optimizing the performance of a system with some input variables. This experiment starts with an investigational design for a trial plan with all known factors affecting the system's result. The input data collected in a well-planned experiment and under a completely controlled manner may still contain some missing data that can affect how well the system functions significantly and reduce the statistical power of the system and the system may produce biased results or sometimes inaccurate results. Dealing with the missing values is the most important challenge during an experiment. Erasing the records entirely is the simplest way to handle missing values. However, if a substantial portion of the dataset is missing, this might lead to the loss of other important data. Imputation is another widely used technique for handling missing value problems. In this way, the system may generate more accurate and efficient outputs by substituting values for the missing values. If the dataset has missing value it may greatly impact the performance of model in negative way. Missing values can be addressed by deleting the rows or columns that contain the missing data, imputation i.e. replacing missing values with computed estimate, and use sophisticated methods to find missing values like interpolation are some of the strategies [59]. Various missing value techniques used in this study are:

1. Mean: The mean of the available values in that column should be used to complete any values that are not present. It is suitable for data that is continuous. It may cause the distribution to be distorted in the event of outliers. In the dataset, for each column C, the mean  $x'_j$  of all values available  $x_{ij}$  in column C is calculated. Then the missing value  $x_{ij}$  is repleaded with the mean value  $x'_j$  [145].

$$x_{ij}^{'} = egin{cases} x_{ij}^{'} & if \; x_{ij} \; is \; missing \ x_{ij} & otherwise \end{cases}$$

2. Mode: Replace any missing values with the column's mode, or the value that appears the most frequently. Adequate for discrete or category data. Unsuitable for numerical data that is continuous. In the dataset, for each column C, the mode<sub>j</sub> (most frequent value) of all values available  $x_{ij}$  in coloumn C is calculated.

Then the missing value  $x_{ij}$  is replaced with the value mode<sub>j</sub> [146].

$$x_{ij}^{'} = \begin{cases} mode_j & if \ x_{ij} \ is \ missing \\ x_{ij} & otherwise \end{cases}$$

3. Median: The column's median, or the middle value after the data is sorted, should be used to complete any values that are not present. Suitable for data that is continuous. Robust to outliers compared to mean imputation. In the dataset, for each column C, the median  $x'_j$  (middle value) of all value available  $x_{ij}$  in coloumn C is calculated. The missing value  $x_{ij}$  is replaced with the median  $x'_j$  [147].

$$x_{ij}^{'} = \begin{cases} x_{j}^{'} & \text{if } x_{ij} \text{ is missing} \\ x_{ij} & \text{otherwise} \end{cases}$$

- 4. Polynomial Regression: It is important to note that when basic approaches like mean, median, and mode are used to manage missing values, the dataset may include bias of some kind which leads to inaccurate prediction. In order to handle these limitations an intriguing method known as polynomial regression can be used for missing value imputation [127]. In order to use polynomial regression for missing value imputation following steps are performed:
  - (a) Data Preparation: Divide your dataset into two sections: one including all of the data, and the other containing values that are missing and will require imputation.
  - (b) Model Training: Consider the missing value feature to be the dependent variable and the other characteristics to be independent variables for each feature that has missing values. Utilizing all of the data, train a polynomial regression model.
  - (c) Prediction: To predict the missing values for each feature, use the trained polynomial regression model.
  - (d) Imputation: Use the predicted values from the polynomial regression model to complete missing values.
  - (e) Evaluation: Analyze the model's effectiveness using a validation set or compare the imputed values to the true values, if available, to determine how well the imputation performed.

While the independent variable(s) in PR employ concepts that are polynomial, the formula itself is structured similarly to that of linear regression [148]. The following formula can be used to illustrate a basic case of univariate polynomial regression, which is polynomial regression with a single independent variable [127]:

$$y = \beta_0 + \beta_1 x + \beta_2 x_2 + \ldots + \beta_n x_n + \varepsilon$$

With x acting as the independent variable and y acting as the dependent variable.  $\beta_0$ ,  $\beta_1$ ,  $\beta_{2,...}$ ,  $\beta_n$  are the coefficients, where the coefficients for the polynomial terms of x are  $\beta_1$ ,  $\beta_{2,...}$ ,  $\beta_n$ , and the intercept is  $\beta_0$ . The error term, denoted by  $\varepsilon$ , is what encapsulates the variation between the values that are seen and those that are anticipated [49].

#### 3.6.1.2 Handling Outliers

Outliers are data points that significantly deviate from the rest of the dataset. They have the power to distort model behavior and statistical metrics. To control their influence, strategies such as winsorization, cutting, or outlier transformation can be used [149] [46].

#### 3.6.2 Data Transformation

#### 3.6.2.1 Normalization

The normalization scales numerical features to a predefined range usually between 0 and 1 or -1 and 1 so that every feature contributes equally to train the model. The two most used normalizing techniques are Min-Max and Z-score scaling.

1. Z-score: It is one of the popular preprocessing methods used to rescale numerical data in order for the data's SD to be one and its mean to be zero. Each data point's mean is deducted, and the remaining amount is divided by the attribute's standard deviation. The formula below may be used to get the Z-score of a data point x in a feature with mean  $\mu$  and standard deviation  $\sigma$ . [4]:

$$z = \frac{x - \mu}{\sigma}$$

Where: x = original value of the data point,  $\mu = \text{mean of the feature}$ ,  $\sigma = \text{standard}$ deviation of the feature and z = standardized value, or Z-score, of the data point. The z-score ensures that every feature in the dataset have a distribution having mean of 0 and standard deviation of 1. The z-score transformation ensures that all features are on the same common scale. The mean of each feature will be centered around 0 after standardization and the standard deviation will be 1. This helps to make the feature comparison and interpretation easier [150]. The downside of Z-Score is that it may increase the effect of outliers on the scaled data and thus might not be suitable for features with non-Gaussian distributions or in situations where outliers are present [58].

2. Min-Max Scaling: Min-max is a normalization technique used to rescale numerical values to some fixed range, usually between 0 and 1. Using Min-Max, the value for each feature is mapped proportionately. The minimum value gets mapped to 0 and the maximum value to 1 with all other values between 0 and 1. The min-max scaling formula for a data point x in a feature with a minimum value of min  $(x_i)$  and a maximum value of max  $(x_i)$  is [28]:

$$x_{scaled} = \frac{x - min(x_i)}{\max(x_i) - min(x_i)}$$

Where:  $\mathbf{x} = \text{original value of the data point, } \min(\mathbf{x}_i) = \min \text{minimum value of the feature, } \max(\mathbf{x}_i) = \max \text{maximum value of the feature, } \mathbf{x}_{scaled} = \text{scaled value of the data point.}$  Each feature in the dataset will have values that fall between [0, 1] when min-max scaling is applied to it. Neural networks, gradient descent-based optimization techniques, and methods that rely on distance measures (e.g., k-nearest neighbors) can all benefit from this normalization. These algorithms all require the input features to be on a similar scale [47]. While scaling all values within a predetermined range, min-max scaling maintains the relative distances between data points and the distribution's form. It may, however, struggle to deal with outliers because it condenses the range of most data points into a narrower region, which could result in information loss. Furthermore, skewed or non-Gaussian characteristics may not be a good fit for min-max scaling. Min-max scaling is a simple and useful technique for normalizing data to a specified range, which makes it easier to read and compare across characteristics, despite certain restrictions [57].

#### 3.6.2.2 Encoding Categorical Variables

Categorical variables must be converted into a numerical representation since machine learning models usually requires numerical input. Binary, label, and one-hot encoding are examples of common approaches.

#### 3.6.3 Feature Selection

Machine learning algorithms are based on the axiom "Garbage in, garbage out," where "garbage" is defined as unwanted information or data. For better ML, a sizable dataset is used to train the model. There is a lot of noise in this massive dataset, and some of the attributes in the dataset aren't useful for categorization. Large amounts of data can stifle the learning capacity of the model, and including unnecessary data can lead to an erroneous prediction. Feature selection is a mechanism that shrinks the input vector of our model by eliminating noisy data from the dataset and trains the model only on significant attributes. It automatically removes the irrelevant features from the dataset that do not contribute towards the classification process so that the resulting model is more accurate and learns in less time. The concept of feature selection is given in Figure 3.27.

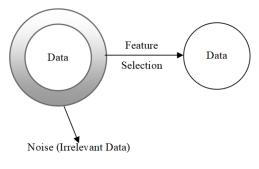


FIGURE 3.27: Feature Selection

#### 3.6.3.1 Feature Selection Models

The Feature Selection models are supervised and unsupervised Figure 3.28. The supervised feature selection uses labels for the output. In this method, the target variable is used to find the attributes that can enhance the performance. In the case of unsupervised feature selection models, there is no need for the output label class. The feature selection is done based on unlabelled data.

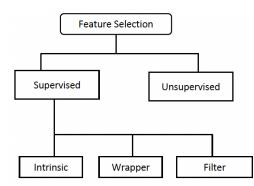


FIGURE 3.28: Feature Selection Methods

1. Filter Method: This method of feature selection works on the concept of correlation as shown in Figure 3.29. Coefficient of determination between dependent and independent characteristics is computed using the technique. It checks which features are positively related to the output variables and which features are negatively related to the output variable. Based on this the positively related features are considered and negatively related features are dropped from the dataset. Information gain and chi-square are among the filter-based feature selection techniques.

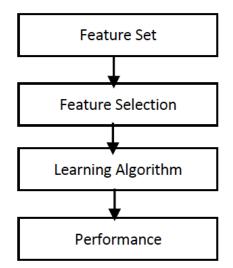
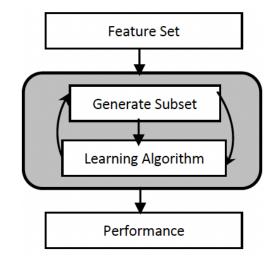


FIGURE 3.29: Filter Feature Selection

2. Wrapper Method: In this feature selection method Figure 3.30, a portion of the data is extracted, and the model is trained using this portion of the data. Considering the learning model's output, the features are added or subtracted and the training process is restarted. This method of feature selection, known as greedy feature selection, assesses the efficiency of every conceivable feature combination.



Examples of Wrapper methods of feature selection are Forward Selection and Backward Elimination.

FIGURE 3.30: Wrapper Feature Selection

3. Intrinsic Method: The Intrinsic method is the combination of Filter and Wrapper techniques and utilizes both mechanisms to create the best subset of data for the learning algorithm Figure 3.31. The Intrinsic method trains the model iteratively while trying to maintain the computation cost at a minimum. Examples of intrinsic methods are Lasso and Ridge Regression.

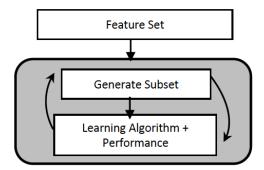


FIGURE 3.31: Intrinsic Feature Selection

#### 3.6.4 Feature Engineering

#### 3.6.4.1 Developing Derived Features

To simplify intricate relationships among the data or to capture more pertinent information, new features can be created from pre-existing ones. This may entail domain-specific information, interaction terms, or mathematical transformations [151].

#### 3.6.4.2 Dimensionality Reduction

In high-dimensional datasets, the issues of over-fitting and higher computational costs are inevitable. Principal Component Analysis (PCA) and feature selection approaches are examples of dimensionality reduction techniques that can be used to minimize the amount of features while maintaining critical information [152]. The choice of FS or DR depends upon the type of attributes whether the attributes are of categorical nature or numerical type. Table 3.2 gives the description of various techniques that can be applied for dimensionality reduction [64].

In Parameter	Out Parameter	Suitable Model for feature selection
N	Ν	Pearson's
1 N	IN	Spearman's
N	С	ANOVA (linear)
1N	U	Kendall's (nonlinear)
C	N	Kendall's (linear)
C	IN	ANOVA (nonlinear)
C	C	Chi-Squared test
C	U	Mutual Information

TABLE 3.2: Various feature selection techniques

As far as PIMA dataset is concerned, all the attributes are numerical in nature, therefore the most suitable choice is Pearson's Coefficient or Spearman's Coefficient [18]. The decision between two depends upon whether the relation between dependent and non dependent attributes is monotonic or not. Most of the independent attributes of PIMA dataset are monotonically related with the dependent attribute(outcome). Therefore, the most suitable model to be used to feature selection is Spearman's rank correlation coefficient [24]. A metric used to quantify the degree and direction of correlation between two ranked variables is the Spearman's rank correlation coefficient. It's frequently applied when there may not be a linear relationship between the variables under study or when the data is ordinal rather than interval. SRC coefficient can be helpful in determining correlations for feature selection in machine learning or statistics [69]. This is one possible usage for it:

1. Ranking: Prioritize your features and your target variable independently. Spearman's rank correlation coefficient functions on ranked data, which makes this significant [53].

- 2. Calculation: The SRC coefficient between each feature and the target variable should be calculated. This shall provide an estimate of how closely each attribute is related to the objective [52].
- 3. Selection: Features that exhibit strong monotonic correlations with the target variable are indicated by high absolute values of the Spearman's rank correlation coefficient. one should consider include these characteristics in the model [56].
- 4. Validation: As with any feature selection strategy, it is important to make sure that the features that have been chosen actually improve the performance of the model and the features are not merely artifacts of the specific dataset that is being dealt with [137]. To do this, one could use techniques like cross-validation [60].

The formula for SRC coefficient  $(\rho)$  is as follows:

$$\rho = \frac{6\sum d^2}{n\left(n^2 - 1\right)}$$

where d is the distinction in the relevant variables' rankings and the number of observations is denoted by n [10].

# 3.6.5 Normalization of Data

## 3.6.5.1 Handling Skewed Data

Model performance can be negatively impacted by skewed distributions, especially for methods that are sensitive to the data's distribution. To improve the symmetry of data distributions, methods like the Box-Cox transformation or log transformation can be applied.

#### 3.6.6 Data division

#### 3.6.6.1 Train-Test Split

To assess model performance, the dataset is divided into separate testing and training sets [24]. This guarantees an efficient evaluation of the model's potential to generalize to unknown inputs.

#### 3.6.7 Managing Imbalanced Data

Imbalanced datasets with a significantly higher number of one class than the other are classes that might provide biased models in classification tasks [30] [28]. To solve this problem, methods such as oversampling, undersampling, or the application of algorithms (like SMOTE) developed to deal with imbalanced data might be used.

Preprocessing, in general, is essential to machine learning because it guarantees that the input data is accurate, pertinent, and properly organized for efficient model training and assessment [32] [29]. Depending on the characteristics of the dataset and the requirements of the used learning technique, each preprocessing step should be carefully selected.

# 3.7 Experiment and Results with Preprocessing

To check the significance of preprocessing techniques on model performance, number of machine learning algorithms was executed including artificial neural network. Table 3.3 shows the accuracy of various classifiers without using any preprocessing techniques. Table 3.4 and Table 3.5 summarizes the results obtained from pre-processing techniques in Artificial Neural Network.

Model	Accuracy				
woder	Mean	Median	Most Frequent		
Naïve Bayes	75.58	69.05	75.57		
Random Forest	77.36	75.57	75.41		
KNN	72.31	73.61	72.96		
SVM	77.04	76.21	77.04		
Decision Tree	70.36	67.43	75.57		
ANN	71.66	58.50	62.89		

TABLE 3.3: Accuracy (Different Classifiers) without pre-processing Techniques

The various algorithms were used in which trivial missing value imputation techniques viz mean, median and mode, were used for replacing missing values in dataset. As these techniques has the tendency to introduce bias in the dataset and ultimately result in overfitting. During the experiment no standardization or normalization techniques were used. The effect of application of standardization/normalization techniques on artificial neural network is shown in Table 3.5. In this experiment, Z-Score and Min-Max techniques were used for scaling along with mean, mode and median as missing value imputation techniques.

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Missing value strategy	Z-score	Minmax scaler
Mean	75.75%	84.77%
Median	60.89%	82.14%
Most frequent	65.19%	82.79%

TABLE 3.4: Artificial Neural Network performance after pre-processing Techniques

The table 7 below summarizes the results of the Neural network when

- 1. Used with primitive dataset without application of any pre-processing technique
- 2. Used with mean, median and mode as missing value imputation techniques
- 3. Used with mean mode and median as missing value imputation techniques along with Z-Score standardization technique
- 4. Used with mean mode and median as missing value imputation techniques along with Min-Max standardization technique

TABLE 3.5: Application of missing value imputation and normalization on Artificial Neural Network

Model	Dataset	PreProcessing	Technique used	Accuracy
ANN	PIMA dataset in its primitive form	No Preprocessing	None	76.9%
			Mean	71.66%
ANN	PIMA dataset with missing value imputation	MVI	Median	58.50%
			Most Frequent	62.89%
			Mean	75.75%
		Z-Score	Median	60.89%
ANN with Normalization	PIMA dataset with normalization		Most Frequent	65.19%
Aiviv with ivormalization	I IMA dataset with hormanization		Mean	84.77%
		Min-Max	Median	82.14%
			Most Frequent	82.79%

The experiment shows the effect of pre-processing techniques on medical datasets, such as Diabetes Mellitus, using various machine learning techniques is significant in improving accuracy. Various machine learning models were compared using different missing value strategies in the dataset, and the ANN was used to predict Diabetes Mellitus in the missing values dataset using the pre-processing techniques that include z-score and MinMax. The results showed that the ANN accuracy is significantly improved using the pre-processing techniques.

# 3.8 Classification using DNN

Deep neural networks (DNNs) are artificial neural networks (ANNs) that include many hidden layers positioned between the input and output layers. A DNN's hidden layers

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process the input data through a number of changes to extract progressively abstract features. These networks function especially well for tasks like audio and picture identification, and more due to their capacity for learning intricate patterns and representations from input. When training deep neural networks, methods such as optimization algorithms and backpropagation are usually used to reduce the difference between the predicted and actual outputs, adjust the weights and biases of the network.

# 3.8.1 Methodology for proposed DNN Model

Figure 3.32 describes the methodology of a DNN model for Diabetes Diagnosis:

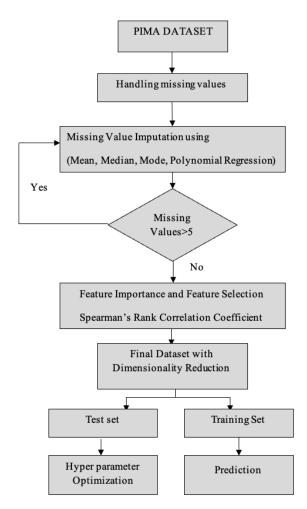


FIGURE 3.32: Proposed Methodology for a DNN based Model

#### 3.8.2 Experiment and Results

The experiment was done on the PIMA dataset. The flowchart in Figure 3.33 was followed in this experiment.

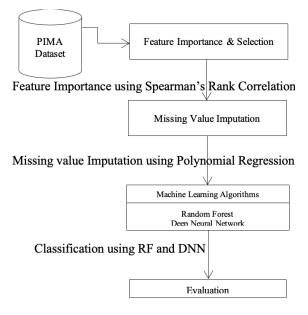


FIGURE 3.33: Proposed Methodology

In the first part of the experiment, Random Forest (RF) and the proposed DNN model were trained with no feature selection (NFS). Then the same models were trained with selected features using Spearman's rank coefficient to obtain and compare the outcomes as given in Table 3.6.

TABLE 3.6: Performance (%) with and without Feature Selection

Metric/Classifier	$\mathbf{RF}$	DNN	$\mathbf{RF}$	DNN
Metric/ Classifier	NFS	NFS	WFS	WFS
Precision	88.65	96.21	96.65	97.35
Recall	92.50	96.00	96.50	96.67
F1 Score	90.43	96.05	95.98	96.97
Train Acc	92.00	100.00	97.38	98.71
Test Acc	92.50	96.00	96.50	96.67

As is evident from Table 3.6, DNN based model performs better than RF for both the cases NFS and WFS. It is also clear that feature selection models have higher performance than NFS models. The performance findings are given in Figure 3.34 below:

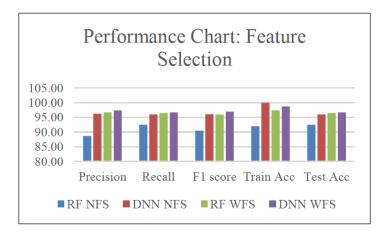


FIGURE 3.34: Feature Selection Performance (%)

The suggested DNN model was trained using feature selection and missing value imputation techniques in the second portion of the experiment, and the results were compared and displayed in Table 3.7.

Metric/Technique	Mean	Median	Polynomial Regression
Precision	97.05	97.05	98.12
Recall	96.75	96.75	97.93
F1 Score	96.76	96.76	97.95
Train Acc	98.21	98.21	98.62
Test Acc	96.75	96.75	97.93

TABLE 3.7: Performance (%) with Mean, Median and Polynomial Regression

The performance findings are given in Figure 3.35 below:

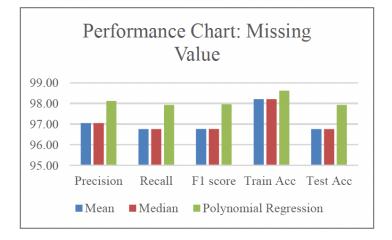


FIGURE 3.35: Missing Value Performance (%)

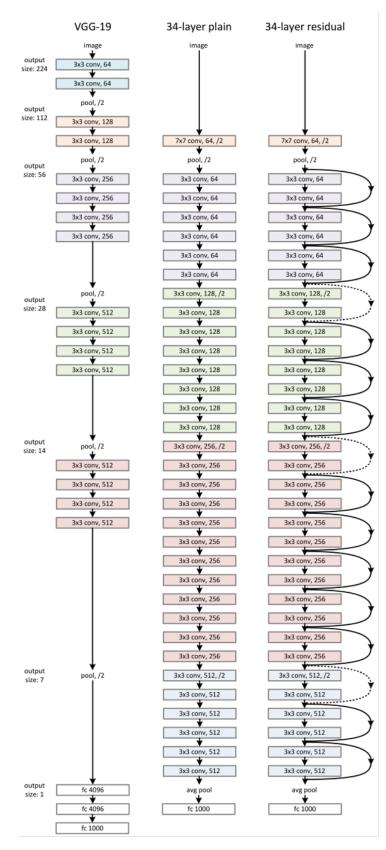
Lovely Professional University, Phagwara Punjab, India

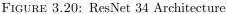
DNN-based model WFS performs better with polynomial Regression, as summarized in Fig. 4 than any of the other missing value imputation techniques.

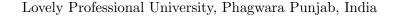
# 3.9 Conclusion

Contributing to the increasing amount of research on DM diagnosis, the effectiveness of data pre-processing techniques in enhancing Deep Neural Network (DNN) performance is critical. A DNN-based model was proposed that integrates feature selection at various stages of the prediction process, resulting in a robust and reliable framework. This model outperformed a Random Forest model, achieving an accuracy of 96.00% without feature selection and 96.67% with feature selection. The impact of missing value imputation indicated that the DNN model achieves an accuracy of 97.93% when employing polynomial regression for this task. These findings highlight the significance of FS and MVI in improving the accuracy of DNN models for early DM diagnosis.

However, the research also identifies limitations associated with DNNs trained on text datasets with limited data records. The study suggests that DNNs might not be fully utilized in such scenarios, perhaps resulting in less than ideal performance. To tackle this, leveraging large datasets, particularly image datasets, for DNN training may be proposed. This approach could be further enhanced by data augmentation techniques like flipping, rotation, transformation, and scaling. By artificially adding more examples to the quantity of training samples, these techniques can potentially enhance the efficiency and robustness of DNNs in diagnosing DM. This aligns with the broader field of medical diagnosis using machine learning, where pre-processing techniques like z-score and MinMax normalization have been demonstrated to greatly increase the accuracy of models like Artificial Neural Networks (ANNs) for predicting DM, especially in datasets with missing values. Overall, this study emphasizes the significance of methods for pre-processing data for DNNs in diagnosing DM and emphasizes the potential areas for future research to further optimize model performance, especially the need for an image dataset for the application of a DL-based model.







# Chapter 4

# Novel Approach to convert text-based PIMA dataset into image dataset

# 4.1 Introduction

Deep learning is a highly useful technique for the early identification of diabetes mellitus, according to the study done by numerous authors over the past few decades. By using pre-processing techniques on the dataset to get rid of various anomalies like over-fitting, under-fitting, redundancy, missing values, and non-significant features to make it more efficient for analysis, it is possible to increase the effectiveness of deep learning algorithms for diagnosing the disease. The work addresses the global problem of diabetes by exploring a revolutionary deep-learning method for early identification. Conventional convolutional neural network (CNN) models have drawbacks when used with numerical medical datasets, like this study's PIMA Indians Diabetes Database. A technique for transforming numerical data into visual representations depending on feature relevance is needed to get over this obstacle. This conversion makes it possible to use strong CNN models for early diabetes diagnosis.

# 4.2 Proposed Methodology

Figure 4.1 describes the proposed methodology for early diagnosis of DM using Image dataset:

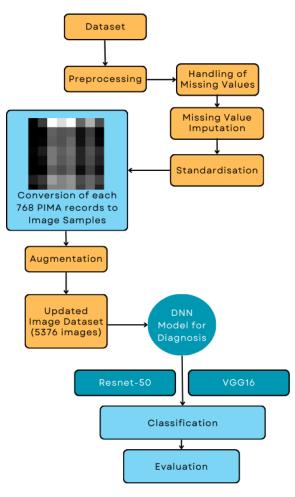


FIGURE 4.1: Propose Methodology

#### 4.2.1 Handling of Missing Values

The result of an experiment depends upon the input dataset. When the data is collected in an organized manner, the model trained on that dataset produces reliable results [153]. However, most of the data is collected in controlled environment that may cause biased results. Due to the presence of anomalies like missing or non-available values, un-normalized data, redundant attributes the model may give biased classification and hence is unreliable. In order to deal with such anomalies in the dataset, number of techniques has been developed. For example, to address the problem of dataset's missing values, the simplest approach is to delete the records having missing values in any of the attributes. However, if the number of missing values in the dataset is large, then this technique of removing non-available records from the dataset may lead to information loss. Another technique to deal with missing values is to use basic data imputation techniques like mean, mode and median. When replacing missing values with the help of these statistical observations, there is always scope for introducing bias in the dataset that may ultimately lead to biased results. Therefore, some advanced missing value imputation techniques can be applied like KNN, Regression and Hot-deck.

1. Mean Imputation: In this method, the missing value of any feature in a particular record is replaced by the mean value of other records for that attribute. In this way, the sample size of the dataset is preserved and it is easy to use, however, it reduces the variability in data which may lead to underestimation of standard deviation and variance. The mean imputation is calculated as follows:

$$\widehat{z_i} = \overline{z_I}$$

Where  $\hat{z}_i = imputed$  value of record *i* and  $z_h = sample$  mean of respondent data within some class

2. Regression: In order to deal with the problems faced in mean imputation method, regression imputation can be used. The formula for missing value imputation using regression is as follows:

$$\hat{z}RI(m) = p_0 + \sum_{i=1}^{2} p_i x_i + \sum_{i=1}^{2} p_{ii} x_i^2 + \sum_{i$$

- 3. KNN imputation: The KNN missing value imputation imputes the missing value of an attribute based on the concept of feature similarity. The missing value is replaced by finding the K closest neighbours.
- 4. Polynomial Regression: In this research study, polynomial regression is used for imputation of missing values. This method of missing value imputation is used when two variables are related in a nonlinear fashion. The general form of polynomial regression is as follows:

$$y = a + b_1 x + b_2 x^2 + \ldots + b_n x^n$$

The main features of using polynomial regression for missing value imputation are as follows:

- (a) It can fit wider range of functions.
- (b) It can fit large range of curvatures.
- (c) It provides a more accurate relationship between two variables.

# 4.2.2 Standardization

The standardisation techniques used in this experiment are as follows:

1. MixMax scaler (MMS): The MinMax Scaler technique changes each value within a range of 0 and 1. Having column c, the function can be defined as follows:

$$diff\left[c\right] = \frac{\left(diff\left[c\right] - diff\left[c\right].min\left(\right)\right)}{diff\left[c\right].max\left(\right) - diff\left[c\right].min\left(\right)}$$

- 2. Standard Scaler (SS): It standardises an attribute by taking out the mean and then changing it to unit variance.
- 3. Robust Scaler (RS): Robust scaler algorithms scale attributes that are robust to outliers. It uses the interquartile.

#### 4.2.3 PIMA to Image Dataset

Deep learning models in general and CNN in particular, is superior to conventional machine learning methods in several applications. Applying current CNN models which are made for 2D data, such as images to the PIMA diabetes dataset, which is made up of numerical values, presents a problem. Existing methods use one dimensional CNN models that are specially designed for this dataset. To facilitate the use of well-established CNN models for feature extraction and subsequent diabetes prediction, this work suggests transforming the raw PIMA data. This method seeks to enhance diabetes detection by utilizing deep learning capabilities.

#### 4.2.3.1 Original PIMA Dataset

The NKDDKD originally provided the PIMA dataset which has been used to create machine learning models for early diabetes detection. The dataset comprises nine parameters, namely: age, outcome, skin thickness, blood pressure, glucose concentration, insulin level, body mass index (BMI), diabetes pedigree function, and the number of pregnancies. The collection has 768 entries in total. The dependent variable we are trying to forecast is the "Outcome" attribute. A result of 1 indicates the presence of diabetes, whereas a value of 0 indicates no diabetes. 500 entries have a value of 0 (non-diabetic), according to the analysis of the "Outcome" attribute, while 268 samples with a vlaue of 1 (diabetic). The creation of a universal machine learning model that can diagnose Type I and Type II diabetes is hampered by several issues. Using datasets with inadequate records might be problematic as it can produce erroneous findings. Furthermore, several research uses the PIMA dataset without performing necessary preprocessing procedures like normalization. This may impair the models' accuracy by introducing problems such as outliers, overfitting, and underfitting. Moreover, several research works use restricted machine learning methods for diagnosis and fail to deal with missing values in the data. The limited use of feature extraction algorithms is another drawback. The procedure of extracting features might be greatly enhanced by automatic deep feature extraction. One of the biggest limitations in applying a deep learning model like Resnet50 is not having a large enough dataset to train the model correctly. The study intends to modify this limitation by creating an image-based dataset from PIMA.

#### 4.2.3.2 PIMA Image Dataset

The methodology for converting the PIMAdataset into an image dataset is given in Figure 4.1. As shown in the flowchart, after performing the necessary pre-processing including normalization on the textual dataset, the most pertinent characteristics from the numerical data are extracted using Spearman's correlation coefficient. After data normalization, the bounds of these features are modified for the numeric-to-image conversion step. This approach, which is nonparametric and dependent on correlation, measures the statistical dependency of ranking between two variables. It examines the level of correlation between variables and is represented by  $\rho$ . Pearson's Coefficient is seen to be a better choice for feature selection when variables show linear connections. On the other hand, feature selection uses Spearman's Rank Coefficient, use this formula:

$$\rho = \frac{6\sum d^2}{n\left(n^2 - 1\right)}$$

The idea of calculating the brightness of a particular area (cell) in the image based on the amplitude of each sample is used in the process of converting PIMA data to images. Each sample in the PIMA dataset is represented as an  $8 \times 8$  picture structure.

- 1. The relevant feature value's amplitude determines the colour of each cell in the first row of an 8x8 image.
- 2. The remaining 7 rows of the image are filled with amplitude values by arranging different pieces or features farther apart while grouping similar elements together; it is possible to make collective use of nearby elements.
- 3. Since all the data were previously normalized, the values of each feature fall between the range of 0 and 1. By multiplying each feature value by 255, pictures with cells ranging in brightness from 0 to (255 or max value in the sample record) are produced.
- 4. For each of the 768 records, a total of 7 samples are generated using augmentation techniques such as reflection, rotation and translation etc.
- 5. The final dataset is generated with 5376 total images.

Figure 4.2 describes the complete methodology for Conversion of Text Pima dataset into Image dataset as well as the use of augmentation techniques:

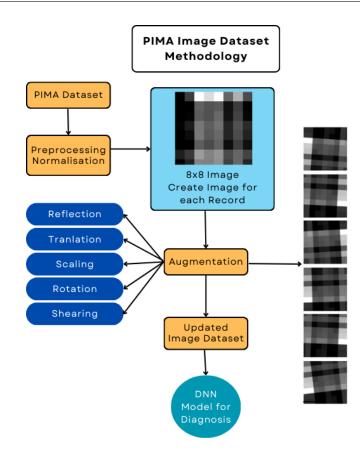


FIGURE 4.2: Methodology for Conversion of Text Pima dataset into Image dataset

Additionally, the application of data augmentation techniques improves the classification accuracy of deep CNN models by increasing the dataset size. From the PIMA dataset containing 768 records, a total of 768 images were obtained. Then the augmentation technique encompassing reflection, rotation, translation, scaling and shearing was employed to generate 7 samples on each sample. The final dataset contains a total of 5376 images. Table 4.1 provides the details about the generated dataset.

TABLE 4.1: Image Dataset Division

	Test (a)	Train (b)	Val (c)	
Yes	190	1504	190	-
No	344	2804	344	
Total	534	4308	534	a+b+c = 5376

#### 4.2.3.3 DNN-based Model using the Image Dataset

Widely utilized for image classification applications, ResNet50 and VGG16 are robust Convolutional Neural Network (CNN) architectures. ResNet50 has a deeper architecture making the task of capturing more complex characteristics and relationships in the dataset of images possible. This is advantageous for challenging classification jobs. In comparison to ResNet50, VGG16 has a simpler architecture which runs more quickly and uses less processing power. VGG16 is a dependable baseline option since it is a well-known architecture with a solid reputation in image classification. In this study both these DNN models were used to work with the newly created image dataset on PIMA dataset. The detailed model information for ResNet50 and VGG16 is given in Figure 4.3 and Figure 4.4 respectively.

Layer (type)	Output Shape	Param #
resnet50 (Functional)	(None, 7, 7, 2048)	23587712
dropout_4 (Dropout)	(None, 7, 7, 2048)	0
flatten_2 (Flatten)	(None, 100352)	0
dropout_5 (Dropout)	(None, 100352)	0
dense_2 (Dense)	(None, 1)	100353
Total params: 23,688,065 Trainable params: 100,353		

Non-trainable params: 23,587,712

Layer (type)	Output Shape	Param #
vgg16 (Functional)	(None, 7, 7, 512)	14714688
dropout (Dropout)	(None, 7, 7, 512)	0
flatten (Flatten)	(None, 25088)	0
dropout_1 (Dropout)	(None, 25088)	0
dense (Dense)	(None, 1)	25089
Total params: 14739777 (5 Trainable params: 25089 ( Non-trainable params: 147	(98.00 KB)	

FIGURE 4.4: VGG16 Model

Resnet50 and VGG16 were trained with a total of 120 epochs on pre-trained ImageNet weights. The confusion matrix for resnet50 and VGG16 are shown in Figure 4.5 and Figure 4.6 respectively.

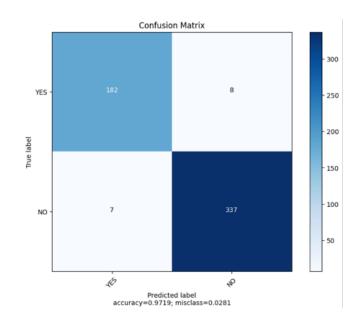


FIGURE 4.5: Confusion MatrixResnet50 Model

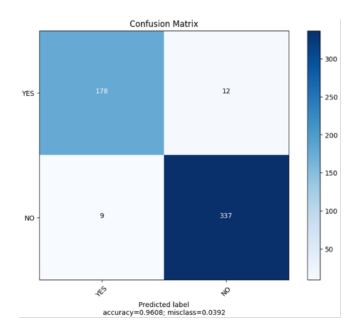


FIGURE 4.6: Confusion Matrix VGG16 Model

Table 4.2 and Table 4.3 present a comparative analysis of the performance of Vgg16, ResNet50, and various research works in the field.

Measure	VGG16	Resnet50
Sensitivity	0.9368	0.9579
Specificity	0.9738	0.9797
Precision	0.9519	0.9630
$\mathbf{NPV}$	0.9654	0.9768
$\mathbf{FPR}$	0.0262	0.0203
$\mathbf{FDR}$	0.0481	0.0370
$\mathbf{FNV}$	0.0632	0.0421
Accuracy	0.9607	0.9719
F1 Score	0.9443	0.9604

TABLE 4.2: Performance Comparison ReNet50 and VGG16

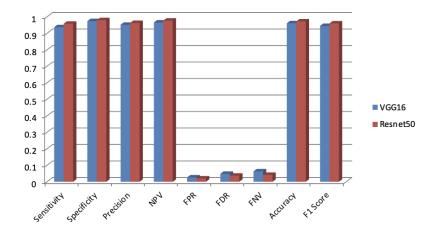


FIGURE 4.7: Performance Chart VGG16 and Resnet50

With accuracy ratings of 96.07% and 97.19% for VGG16 and ResNet50 respectively, it is evident from the Table 4.3 and Figure 4.7 that the VGG16 and ResNet50 models using PIMA image dataset generate the promising results. The method's outcomes indicate that converting diabetic data into an image dataset is a helpful tactic, as seen by the approach's effective classification using VGG16 and ResNet50 models.

Ref	Technique	Accuracy
[154]	ANN	92.00
[70]	SA-DNN	86.26
[ <b>155</b> ]	LSTM-CNN	95.7%
[69]	CNN-SAE	92.31%
Proposed method	VGG16 PIMA Image Dataset	96.07%
Proposed method	ResNet50 PIMA Image Dataset	97.19%

TABLE 4.3: Comparative analysis with other DNN-based works

## 4.3 Conclusion

A substantial body of research over the past few decades highlights the value of deep learning for early diagnosis of Diabetes Mellitus (DM). However, the accuracy of deep learning algorithms can be significantly improved through data pre-processing techniques that address issues like overfitting, underfitting, redundancy, missing values, and irrelevant features. This study proposes a methodology that leverages data pre-processing to improve the performance of DL models for DM diagnosis. This methodology has the potential to be applied to a wide range of numerical datasets. While deep learning has reduced the reliance on specific feature selection techniques, the importance of well-designed model architectures remains paramount. This work demonstrates a novel approach that supports the application of deep and complex architectures for numerical data analysis. However in spite of these advancement in the field of AI, Challenges are still there. The main issue is with the size of the dataset. Most of the research was carried out on PIMA dataset which contains limited number of data records and is not suitable for training of deep learning models. The PIMA dataset contains binary data in numeric form and lacks the opportunity of applying data augmentation. Although image data analysis might require additional pre-processing steps compared to studies using raw data, this approach presents exciting opportunities to improve DM prediction capabilities. This is facilitated by the ability of Convolutional Neural Network (CNN) models to adapt to numerical inputs. Furthermore, the integration of data augmentation techniques becomes more straightforward when dealing with diabetes-related images. This allows for the creation of a more robust training dataset and potentially leads to more accurate and generalizable models for DM diagnosis.

## Chapter 5

# **Conclusion and Future Directions**

## 5.1 Conclusion

This study used the PIMA dataset in its raw form to train multiple machine learning models and log the effectiveness of different ML algorithms for diabetes mellitus diagnosis. This allows the results of the proposed model to be compared with other available research studies conducted in the field. Following this, various pre-processing techniques like standardization techniques, normalization techniques, MVI techniques and FS and feature importance methods to eliminate various anomalies present in PIMA dataset and then train various machine language models to get better results have been utilized. The outcomes were contrasted with the earlier findings. Finally, the textual Pima dataset is transformed into image dataset with 768 images (one image per record). After conversion into image dataset, various data augmentation techniques have been applied on image dataset to get more images. Using various data augmentation techniques like rotation, transformation, scaling etc., the number of images generated was more than 5000. After conversion into image dataset, various data augmentation techniques have been applied on image dataset to get more images. The trained model was evaluated against the output of other researchers as well as with findings from earlier studies utilizing an image dataset which signified that the proposed model is more promising in diagnosis of DM.

From the comprehensive overview of DM, its prevalence, and the significance of early diagnosis, One way to classify diabetes mellitus (DM) is as a chronic illness marked by high blood sugar levels. This is because the body is unable to generate or use insulin, a hormone that is essential for controlling blood sugar levels. Diabetes comes in several

forms, such as Type 1, Type 2, and gestational diabetes, having consequent symptoms associated with each type.

The importance of early diagnosis is crucial, as it plays a critical role in preventing serious consequences such asblindness, renal disease, cardiac issues etc. There are limitations of current diagnostic methods, that often rely on blood glucose tests, HbA1c tests, and urine tests, and more efficient and trustworthy techniques for early detection are desperately needed.

Understanding the possibilities of deep learning (DL) and machine learning (ML) methods in aiding diabetes diagnosis, their ability to analyze vast datasets and uncover hidden patterns often missed by traditional methods, a comprehensive literature review, examining previous research and models, focusing on these techniques in diabetes prediction. The review showcases the advancements and successes achieved in this field, paving the way for future innovations.

There is a plethora of complexities associated with designing and developing models for DM diagnosis, especially the challenges posed by the disease's nature and the availability of data. Also, factors such as the non-specific nature of diabetes symptoms, and the limited size and quality of existing datasets need to be addressed.

The study established that Random Forests, Gradient Boost, and Logistic Reasoning classifiers performed better and should be considered for future research, incorporating all significant parameters that may limit classifier performance. The DL-based techniques require a larger dataset, a DNN shall be preferred only when cross-validation is integrated.

Deep learning techniques have shown significant promise in diagnosis of various diseases at early stage and the same techniques can be applied to DM early diagnosis. From the literature review, various advantages of deep learning over machine learning models were detected which include handling of large datasets, uncovering complex hidden patterns and accurate diagnosis. From the studies it was observed that deep learning models like CNN and RNN outperforms conventional machine learning techniques in terms of forecast accuracy and dependability of prediction. Further, the use of Deep Learning with image datasets like medical imaging provides better approach to diagnosis of diabetes mellitus. The application of data augmentation, normalization, dimensional reduction and standardization has further improved the robustness and generalization of deep learning models. However, in spite of these advancement in the field of AI, Challenges are still there. The main issue is with the size of the dataset. Most of the research was carried out on PIMA dataset which contains limited number of data records and is not suitable for training of deep learning models. The PIMA dataset contains binary data in numeric form and lacks the opportunity of applying data augmentation.

A review of the literature reveals that many researchers use the PIMA dataset without applying pre-processing techniques such as normalization. Consequently, their findings are affected by outliers, overfitting, underfitting, and other anomalies. Additionally, some studies employ a limited range of machine learning algorithms for diagnosing diabetes and do not address missing values. There are also instances where the full potential of feature extraction is not utilized. Certain studies overlook the importance of all dataset attributes, particularly those like body size, height, and BMI, which significantly aid in the determination of DM diagnosis. This oversight negatively impacts the performance of classifiers. The results of various studies indicate that Random Forests provide the good accuracy which is followed by Gradient Boosting and Logistic Regression. For the early detection of diabetes mellitus, these algorithms should be considered, along with the incorporation of the aforementioned insights, to improve output and performance.

The role of pre-processing techniques in improving the accuracy and reliability of diabetes diagnosis models is very crucial. Supervised learning methods rely on labeled datasets to train models, while unsupervised learning methods discover patterns in unlabeled data. Some commonly used supervised learning techniques such as DT, ANN, and SVM. DL techniques, particularly DBN and RNN have become more well-known recently as a result of their capacity to manage intricate data patterns and big datasets. These techniques can be applied to diabetes diagnosis, showcasing their potential to outperform ML methods.

To demonstrate the impact of pre-processing techniques, several experiments on a publicly available diabetes dataset, the PIMA dataset, without any pre-processing were conducted. It provided a baseline for comparison with the results obtained after applying various pre-processing techniques. The PIMA dataset, while valuable, presents certain challenges, including limited data records, binary data in numeric form, and a lack of opportunity for data augmentation. This underscores the importance of effective pre-processing to address these limitations.

The pre-processing steps applied to the PIMA dataset, including data cleansing, data transformation, FS, and feature engineering aimed to enhance the quality and structure of the data, making it more suitable for training and evaluating diagnosis models. Various techniques such as managing missing values, handling outliers, normalization, encoding categorical variables, and feature selection models help overcome many limitations found in the PIMA dataset.

The results of the experiments with and without pre-processing, demonstrate the significant improvement in model performance achieved by applying the pre-processing techniques. Based on these methods, a DNN model for diabetes diagnosis highlights

the critical role of pre-processing in optimizing data for accurate and reliable diabetes diagnosis.

A ground-breaking approach to address the limitations of conventional convolutional neural network (CNN) models when applied to numerical medical datasets was proposed. The PIMA Indians Diabetes Database, while valuable, presents challenges due to its numerical nature, hindering the effectiveness of CNN models. To overcome this obstacle, a novel technique for transforming numerical data into visual representations based on feature relevance was proposed. This conversion opens the door for utilizing powerful CNN models for early diabetes diagnosis.

Further, deep learning, a highly effective technique for early diagnosis of diabetes mellitus, can be enhanced by pre-processing techniques that eliminate anomalies such as over-fitting, under-fitting, redundancy, missing values, and non-significant features. This optimized dataset significantly improves the efficiency of deep learning algorithms for diagnosing the disease. By transforming numerical data into visual representations, the power of CNN models can be leveraged to extract patterns and identify hidden relationships in the data, ultimately leading to more accurate and timely diagnosis. This innovative approach paves the way for a new era in diabetes prediction and management.

## 5.2 Future Directions

The research in this field has to go a long way. The application of DL-based models on image dataset is now a pragmatic idea but many of the models used today only take into account clinical or blood test data. In future, the researchers may focus on incorporating Wearable devices data on blood glucose, heart rate variability, sleep patterns, and activity levels might give important insights into a patient's health. Also, knowing a person's genetic susceptibility to diabetes can help with risk assessment and early identification. finally, the information for diagnosis and problem prediction may be provided by retinal scans, pictures of foot ulcers, and other medical imaging studies.

The significance of developing sophisticated pre-processing techniques, such as novel data augmentation or regularization methodologies, is profound. While the current work focused on a methodical comparison of established approaches to optimize the PIMA dataset for comparative analysis of ML methods and the particular image transformation and deep learning application, laying the essential foundation for the innovative contribution, future research shall focus on examining and implementing advanced pre-processing strategies to overcome the limitations of the dataset used in ML techniques

and DNN's reported limitations, potentially enhancing the model's robustness and performance.

In the context of DM detection using deep learning, combining DNA data with the PIMA dataset may be a viable next step. The most straightforward method is fusing pertinent DNA sequence data with the PIMA dataset's attributes (such as glucose levels and BMI). This can entail taking particular genetic markers or variations that are known to be linked to the risk of diabetes and adding them to the PIMA data as supplementary columns. This merged dataset might then be used to train deep learning models.

Future research might concentrate on feature engineering rather than directly utilizing raw DNA sequences. This entails identifying significant characteristics in the DNA data, like:

- 1. Polygenic Risk Scores (PRS): Determine scores that represent the total impact of several genetic variations on a person's risk of diabetes.
- 2. Gene Expression Levels: Determine how active certain genes linked to insulin sensitivity or glucose metabolism are.
- 3. Epigenetic Markers: Include details regarding histone modifications or DNA methylation, which might affect how genes are expressed.

Multi-modal deep learning architectures may be used in more complex methods. These models are made to process several kinds of data at once. The clinical characteristics of the PIMA dataset might be processed by a single network branch. The characteristics generated from DNA might be processed by another branch. A final forecast may then be created by fusing the results of these branches.

Preventing the development of full-blown diabetes requires early diagnosis of pre-diabetes. Subtle alterations in blood indicators or other data points that can refer to the disease's early symptoms can be detected using DL models.

However, deep learning's high computing cost, environmental effect, and lack of intrinsic sustainability are some of its major issues. To overcome this, a multifaceted strategy emphasizing hardware optimization, algorithmic efficiency, and investigating alternative paradigms is needed.

Several approaches that concentrate on algorithmic efficiency are essential to addressing deep learning's high computational cost and environmental effect. Pruning, quantization, and knowledge distillation are examples of model compression approaches that may drastically minimize the computing footprint of deep learning models, allowing for quicker inference and less energy usage. To create models that need fewer parameters and processes, research on effective designs like sparse networks and attention mechanisms is also crucial. A more sustainable approach to deep learning may also be achieved by using more effective optimization techniques during training and adopting adaptive computing, in which models dynamically modify their resource use based on input complexity.

Overcoming the difficulties of deep learning requires not only algorithmic advancements but also hardware optimization and the investigation of alternative paradigms. Deep learning activities may be accelerated and energy efficiency increased by utilizing specialized hardware such as GPUs, TPUs, and neuromorphic devices. By using edge computing to deploy models on edge devices, data transport and the related energy expenses are decreased. Investigating paradigms for computing inspired by the brain, such as spiking neural networks, has the potential to significantly reduce power use.

It is pertinent to mention that the cost of computation and time estimation are important aspects. Deep learning models' applicability and scalability are significantly impacted by these variables, especially in settings with limited resources. Future studies can provide deeper learning systems that are more effective and economical for a range of applications by taking these extra performance metrics into account.

# Appendix A

# An Appendix

Description	Definition
ACCuracy	Accuracy is a metric for evaluating classification
	models.
AdaBoosted Decision Trees	Using AdaBoost to improve performance in de-
	cision trees.
AdaBoostRegressor	Using AdaBoost to improve performance in re-
	gression.
Adaptive Boosting	A statistical classification meta-algorithm that
	can be used in conjunction with many other
	types of learning algorithms to improve perfor-
	mance.
Area Under the (ROC) Curve	Probability of confidence in a model to accu-
	rately predict positive outcomes for actual pos-
	itive instances
Artificial Intelligence	The simulation of human intelligence in ma-
	chines that are programmed to think like hu-
	mans and mimic their actions.
Artificial Neural Network	A collection of connected computational units or
	nodes called neurons arranged in multiple com-
	putational layers.

TABLE A.1: Definitions

AutoEncoder	A type of artificial neural network used to learn efficient codings of unlabeled data (unsupervised learning)
BackPropagation	A widely used algorithm for training feedfor- ward neural networks.
Bayesian Network	A probabilistic graphical model that represents a set of variables and their conditional depen- dencies via a directed acyclic graph (DAG).
Bayesian Neural Network	A type of artificial neural network built by in- troducing random variations into the network either by giving the network's artificial neurons stochastic transfer functions either by giving the network's artificial neurons stochastic transfer functions or by giving them stochastic weights
Convolutional Deep Belief Networks	A type of deep artificial neural network com- posed of multiple layers of convolutional re- stricted Boltzmann machines stacked together.
Convolutional Neural Net-	A class of artificial neural network (ANN) most
work Convolutional Neural Net-	commonly applied to analyze visual imagery A class of artificial neural network (ANN) most
work	commonly applied to analyze visual imagery
False Negative Rate	Proportion of actual positives predicted as neg- atives
False Positive Rate	Proportion of actual negatives predicted as pos- itives
Fully Connected Long Short-	A fully connected neural network to combine the
Term Memory	spatial information of surrounding stations (see LSTM and FC).
Fully Convolutional Convolu-	A neural network that only performs convolu-
tional Neural Network	tion (and subsampling or upsampling) opera- tions.
Fully Convolutional Network	A neural network that only performs convolu- tion (and subsampling or upsampling) opera- tions.

Fully-Connected	Layers where all the inputs from one layer are connected to every activation unit of the next layer.
Gradient Descent	An optimization algorithm used to minimize some function by iteratively moving in the di- rection of steepest descent as defined by the neg- ative of the gradient
k-Nearest Neighbours	A non-parametric supervised learning method used for classification and regression.
Light Gradient-Boosting Ma- chine	Gradient boosting framework that uses tree based learning algorithms, originally developed by Microsoft
Long Short-Term Memory	A recurrent neural network can process not only single data points (such as images) but also en- tire sequences of data (such as speech or video).
Machine Learning	The study of computer algorithms that can improve automatically through experience and by the use of data.
Mean Absolute Error	Average of the absolute error between the actual and predicted values
Mean Squared Error	Average of the squares of the error between the actual and predicted values
Rectified Linear Unit	An activation function that allow fast and ef- fective training of deep neural architectures on large and complex datasets.
Support Vector Machine	Supervised learning models with associated learning algorithms that analyze data for classi- fication and regression analysis.
True Negative Rate	Proportion of actual negatives that are correctly predicted
True Positive Rate	Proportion of actual positives that are correctly predicted

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